

About your Prostate Biopsy

PRE-PROCEDURE:

You have received a prescription for antibiotics to prevent infection from the procedure. Please take 1 Ciprofloxacin and 2 Metronidazole tablets with a glass of water 2 hours prior to your appointment, then continue as per the prescription until finished.

Please DO NOT TAKE ANY ASPIRIN OR BLOOD THINNERS FOR 5 DAYS PRIOR TO the procedure, the doctor will advise when to start taking these again.

NOTE: Avoid alcohol while taking Metronidazole.

Avoid strenuous exercise and sunshine while taking Ciprofloxacin.

ALSO avoid antacids, iron tablets or calcium supplements within 2 hours of taking Ciprofloxacin.

PROCEDURE:

The procedure is performed in **VILLA 4 OUTPATIENT DEPARTMENT**. You will lie on your side in the ultrasound room. After a rectal examination, the ultrasound probe will be placed into your rectum and the prostate is scanned.

Prostate biopsies are taken using a needle device under local anaesthetic. The anaesthetic is injected, via the ultrasound probe into the prostate to numb the area. The needle device will be used to collect samples through the probe. Biopsying will cause minor discomfort. Despite being warned please do not be alarmed by the “pop” of the device when taking the first biopsy.

Allow one hour for this appointment. The procedure takes approximately 10 minutes to perform.

POST-PROCEDURE:

It may become uncomfortable to drive so it may be a good idea to have someone travel with you and drive you home.

If you are living alone, please arrange for someone to check on you the same evening of the biopsy. This is purely from a safety point of view.

Sometimes after the procedure you may have BLEEDING from the RECTUM, or in your URINE. This is usually minimal but if a lot of blood is passed, please report to the Emergency Department, Hawke's Bay Hospital. **Bring this note with you to the Emergency Department.**

Should you develop FEVER, SHAKES or be UNABLE TO PASS URINE, please go to the Emergency Department – ask that your urologist be notified.

There may be blood in your semen for approximately 2 WEEKS following the procedure and therefore it may be best to REFRAIN FROM SEXUAL ACTIVITY.

You will be seen approximately 2 WEEKS following the procedure to discuss the biopsy results.