

Calendar of Health & Disability Events Hawke's Bay 2018

January		Kohi-tatea
02 - 03	<i>New Year's Day Holidays</i>	
04	World Braille Day	https://blindfoundation.org.nz/
05 - 10	HB Summer Cycling Carnival	http://www.summercyclingcarnival.co.nz/carnival-events/
February		Hui-tanguru
	Aotearoa Bike Challenge Month	http://www.lovetoride.net/nz
05 - 11	World Tinnitus Awareness Week	http://nfd.org.nz
06	<i>Term 1 Starts</i>	
04	World Cancer Day	http://www.worldcancerday.org/
06	Safer Internet Day	http://netsafe.org.nz
06	<i>Kahungunu Waitangi Day Celebrations</i>	http://www.kahungunufestival.com/
06 - 26	Kahungunu Festival	http://www.kahungunufestival.com/
11	Tumu Timbers Whanau Day	kylie.truman@tumu.co.nz
14	Congenital Heart Defect Awareness Day	http://www.heartkids.org.nz/
16	Chinese New Year – Year of the Dog	
21	Go By Bike Day	http://www.sporthb.net.nz/
23 - 24	Big Heart Street Appeal	http://www.heartfoundation.org.nz/
26 - 04	Well Child Week	http://www.wellchild.org.nz
28	Rare Disease Day “Research”	http://www.rarediseaseday.org/
March		Poutu-te-rangi
	Endometriosis Awareness Month	http://www.nzendo.org.nz/
	Melanoma March	http://www.melanoma.org.nz/
26 - 04	Well Child Week	http://www.wellchild.org.nz
03 - 09	World Hearing Week (3 rd Day)	http://nfd.org.nz
03 - 09	Endometriosis Awareness Week	http://www.nzendo.org.nz/
03 - 09	Light it Orange for Shine help victims of family violence	http://www.lightitorange.co.nz/
03 - 11	Seaweek “Toiora te Moana – Toiora te Tangata Healthy Seas Healthy People”	http://seaweek.org.nz/
03	International Culture's Day - Cornwall Park Hastings 11am - 4pm	

04 - 10	Playcentre Awareness Week	http://www.playcentre.org.nz
04	Children's Day	http://www.childrensday.org.nz/
14	International Registered Dietitian Nutritionist Day	http://dietitians.org.nz/
08	International Women's Day #PressforProgress	https://www.internationalwomensday.com/
08	World Kidney Day – Kidneys & Women's Health	http://www.worldkidneyday.org/
10	Cancer Society Relay For Life "Super Heros" HB Regional Sports Park	https://www.everydayhero.co.nz/event/RFL-HawkesBay-2018
12 - 18	Brain Awareness Week	https://www.dana.org/BAW/
14	Walk 2 Work Day	http://www.livingstreets.org.nz/
19 - 25	Shave For A Cure Awareness Week	https://shaveforacure.co.nz/
20	World Oral Health Day	http://www.healthysmiles.org.nz/
20	World Social Work Day - 'Promoting Community and Environmental Sustainability'	https://www.worldsocialworkday.com/
21	CHB Service Community Day 10.00-12.30 Main Street Waipukurau	Denise Skilton CHB Business Association
21	World Down Syndrome Day	http://www.nzdsa.org.nz/
22	World Water Day	http://www.worldwaterday.org/
23 - 24	Red Puppy Appeal	https://blindfoundation.org.nz/guide-dogs/red-puppy-appeal/
24	World Tuberculosis Day	https://www.health.govt.nz/your-health/conditions-and-treatments/diseases-and-illnesses/tuberculosis-disease
24 - 25	Neighbours Day	http://neighboursday.org.nz/
26	Purple Day Epilepsy	http://www.epilepsy.org.nz/
30	Good Friday	
April		Paenga-whawha
	HB April Falls	http://www.hqsc.govt.nz/
01	Daylight Saving End (3.00am becomes 2.00am)	
02	Easter Monday	
02	World Autism Awareness Day - Light It Up Blue	http://www.autismnz.org.nz/
02 - 08	St John Appeal Week	http://stjohn.org.nz
07	World Health Day – Depression Let's Talk	http://www.who.int/campaigns/world-health-day/
11	World Parkinson's Day	http://www.parkinsons.org.nz/
13	Term One Finishes	
17	World Haemophilia Day	http://haemophilia.org.nz
20	Poppy Day	http://www.rsa.org.nz/
21	CHB Service Community Day	
22-28	World Allergy Week – Atopic Dermatitis/Eczema: An itch that rashes	http://www.worldallergy.org/resources/world-allergy/world-allergy-week-2018
24	World Meningitis Day	http://www.meningitis.org.nz/
25	ANZAC Day	
25	World Malaria Day	

28	World Day for Safety & Health at Work	http://www.ilo.org/safework/events/safeday/lang--en/index.htm
30	Term Two Starts	
30 - 06	Immunisation Awareness Week	http://www.immune.org.nz/
30 - 06	Salvation Army Red Shield Appeal Week	http://salvationarmy.org.nz
May		Haratua
	Go Red For May – Women’s Heart Awareness Month	http://www.heartfoundation.org.nz/get-involved/go-red-for-women
30 – 06	Immunisation Awareness Week	https://www.hpa.org.nz/what-we-do/immunisation
01	World Asthma Day	https://www.asthmafoundation.org.nz/
01	Term Two Starts	
30 - 06	Salvation Army Red Shield Appeal Week	http://salvationarmy.org.nz
05	World Midwives Day	https://www.findyourmidwife.co.nz/midwives/hawkes+bay
05-12	Perinatal Anxiety & Depression Aotearoa Awareness Week	http://www.pada.nz/
06 - 12	Nurses Week	https://www.nzno.org.nz/
07 - 13	Road Safety Week – Seatbelts & distractions	http://brake.org.nz
07 - 11	Alcohol Youth Expo – Pettigrew Arena	Linda.anderson@hbrc.govt.nz
07 - 13	Sign Language Week	http://www.deaf.org.nz
TBC	Rape Crisis Awareness Week	http://www.rapecrisis.org.nz
08	World Red Cross & Red Crescent Day	http://redcross.org.nz
10	World Lupus Day	http://www.lupus.org.nz
12	World ME Awareness Day	http://www.anzmes.org.nz
12	World Fibromyalgia Day	http://www.arthritis.org.nz
12	World Chronic Fatigue Syndrome Day	
12	World Nurses Day	http://www.nzno.org.nz
13 -19	Food Allergy Awareness Week	
13	Mothers Day	
15	International Day of Families	http://www.un.org/en/events/familyday
15	Friday Jean Day – Napier Family Centre	http://www.napierfamilycentre.org.nz/
17	International Day Against Homophobia, Transphobia & Biphobia – “Families”	http://dayagainsthomophobia.org/
18	Pink Shirt Day – Speak Up Stand Together Stop Bullying	https://www.pinkshirtday.org.nz/
19	Hope Walk – Suicide Prevention	Penny.thompson@hbdhb.govt.nz
19	World IBD Day	http://www.worldibdday.org/
19	World Sickle Cell Day	http://www.worldsicklecellday.webs.com/
19 - 27	Youth Week “Be who you want to be”	http://www.arataiohi.org.nz/youthweek
20	World Autoimmune Arthritis	http://www.worldautoimmunearthritisday.org
22 - 28	Macular Degeneration Awareness Week	http://www.mdnz.co.nz/
TBC	Samoan Language Week	http://www.mpp.govt.nz/language-culture-and-identity/pacific-language-weeks/

28	World Hepatitis Day	https://www.hepatitisfoundation.org.nz/
30	World Multiple Sclerosis Day #bringinguscloser Research	http://worldmsday.org
31	World Smokefree Day	http://smokefree.org.nz/
31 - 06	Infant Gastric Reflux Awareness Week	http://cryingoverspiltmilk.co.nz
June		
31 – 06	Infant Gastric Reflux Awareness Week	http://cryingoverspiltmilk.co.nz
01	World Parents Day	
03	Cancer Survivors Day	http://www.cancernz.org.nz/
04	Queens Birthday	
05	World Environment Day	http://worldenvironmentday.global/
06	Term Two Finishes	
08	World Brain Tumor Day	https://www.worldnationaldays.com/world-brain-tumor-day-2018/
08	Tamatea Matariki Event –Te Aute College, Pukehou, CHB	http://www.kahungunu.iwi.nz/
09	Matariki Takapau Event	http://www.kahungunu.iwi.nz/
11 - 17	Mens Health Week	http://menshealthnz.org.nz/
14	World Blood Donnor Day	http://www.nzblood.co.nz/
15	World Elder Abuse Day	http://www.ageconcern.org.nz/
15 - 21	World Elder Abuse Week	http://www.ageconcern.org.nz/
15	Matariki Heretaunga – Flaxmere Park	http://www.kahungunu.iwi.nz/
17	Napier Matariki Event – Soundshell, Marine Parade, Napier	http://www.kahungunu.iwi.nz
17 - 23	Volunteer Awareness Week	http://www.volunteeringnz.org.nz/
18 - 24	Coeliac Awareness Week	http://www.coeliac.co.nz
19	World Sickle Cell Day	http://www.worldsicklecellday.webs.com/
20	World Refugee Day	http://www.un.org/en/events/refugeeday/
22	Wairoa Matariki Event-Community Centre, Marine Parade, Wairoa	http://www.kahungunu.iwi.nz
TBC	Jeans Day– wear your jeans to work gold coin donation to Napier Family Centre	http://www.napierfamilycentre.org.nz/
July		
	Women’s Refuge Awareness Month	https://womensrefuge.org.nz/
01 - 07	Neurological Foundation Appeal Week	http://www.neurological.org.nz/
06	Term Two Finishes	
23	Term Three Starts	
TBC	Loss & Grief Awareness Week	http://www.griefcentre.org.nz/
28	World Hepatitis Day	https://www.hepatitisfoundation.org.nz/
August		
	@Heart Month Heart Kids Month	http://www.heartkids.org.nz/
	Daffodil Awareness Month	http://www.cancernz.org.nz/

TBC	Cook Island Language Week	http://www.mpp.govt.nz/language-culture-and-identity/pacific-language-weeks/
01 – 07	World Breastfeeding Week	http://worldbreastfeedingweek.org/
TBC	Mutiple Sclerosis Week	http://www.msnz.org.nz/
04	Silent Leadership Challenge	http://www.silentleadershipchallenge.com
09	World Indigenous Peoples Day	http://www.un.org/en/events/indigenousday/
12	International Youth Day	http://www.un.org/en/events/youthday/
13 - 19	Cystic Fibrosis Awareness Week	http://www.cfnz.org.nz/
21 – 31	Parenting Week	http://www.nht.org.nz/parentingweek
24	Daffodil Day	http://www.cancernz.org.nz/
27 - 02	Iron Awareness Week	http://www.ironweek.co.nz
September		Mahuru
	Cervical Screening Awareness Month	http://www.nsu.govt.nz/
	Blue September Month Prostate Cancer	http://www.blueseptember.org.nz/
	Leukemia & Lymphoma Month	http://www.lls.org.nz/
	Remember September – Students Against Drink Driving	http://www.sadd.org.nz/
	September Month – Cerebralpalsy	http://www.cerebralpalsy.org.nz/
	Breathe Better September – Asthma Awareness Month	http://www.breathebetterseptember.co.nz/
	CanTeen Awareness Month	http://www.canteen.org.nz
27 - 02	Iron Awareness Week	http://www.ironweek.co.nz
01	Gamble Free Day	http://www.gamblinghb.co.nz/
01	Random Act of Kindness Day	http://rak.co.nz/
02	<i>Father's Day</i>	
TBC	Tongan Language Week	http://www.mpp.govt.nz/language-culture-and-identity/pacific-language-weeks/
03 - 09	Gambling Harm Awareness Week	https://www.hpa.org.nz/what-we-do/minimising-gambling-harm
04 - 08	Adult Learner's Week	http://www.literacy.org.nz
TBC	Asthma Awareness Week	http://www.breathehb.co.nz/
TBC	Asthma Balloon Day	http://www.breathehb.co.nz/
08	World Literacy Day	http://www.literacy.org.nz
08	World Physiotherapy Day	http://www.physio.co.nz/
09	Fetal Alcohol Spectrum Disorder Awareness Week	http://www.fan.org.nz/fasd_awareness_day/
10	World Suicide Prevention Day	http://www.spinz.org.nz/
10 - 16	Maori Language Week	http://www.tetaurawhiri.govt.nz/news/kia-ora-te-reo/
TBC	Speech Language Therapy Awareness	http://www.speechtherapy.org.nz
15 - 16	CanTeen Awareness Street Appeal	http://www.canteen.org.nz/
15	World Lymphoma Day	http://www.leukaemia.org.nz/
15 - 23	Conservation Week	http://www.doc.govt.nz
21	World Alzheimers Day	http://www.alzheimers.org.nz/
TBC	Arthritis Awareness Week	http://www.arthritis.org.nz/
23	Daylight Saving Start (2.00am becomes 3.00am)	
25	World Pharmacist Day	https://www.fip.org/worldpharmacistsday

25	White Heart Day Victims Remembrance	http://www.whitehearttrust.co.nz/
26	World Contraception Day	http://www.familyplanning.org.nz/
28	Loud Shirt Day – Deaf Children Awareness Day	http://www.loudshirtday.org.nz/
28	Term Three Finishes	
30	World Deaf Day	http://www.nfd.org.nz/
30	Day Light Saving Starts	
October		Whiringa-a-nuku
	Breast Cancer Awareness Month	http://www.nzbcf.org.nz/
	Stoptober 31 day quit smoking challenge	http://www.stoptober.nz/
	Health Literacy Month	http://www.healthliteracymonth.org/
	World Vegetarian Month	http://www.vegetarian.org.nz/
01	World Day of Older Persons	http://www.ageconcern.org.nz/
01	World Vegetarian Day	http://www.vegetarian.org.nz/
01	World Habitat Day	http://www.unhabitat.org/
01 - 06	Stroke Awareness Week	http://www.stroke.org.nz/
03	World Cerebral Palsy Day	https://worldcpday.org/
05	World Teachers' Day	http://www.teacherscouncil.govt.nz/
05	World Smile Day	http://www.worldsmileday.com/
06	Big Blood Pressure Awareness Day	http://www.stroke.org.nz/stroke-blood-pressure-campaign
09 - 15	Mental Health Awareness Week	http://www.mentalhealth.org.nz/
09 - 15	Baby Loss Awareness week	http://www.sands.org.nz/
10	Mental Health Awareness Day	http://www.mentalhealth.org.nz/
10	World Homeless Day	http://www.worldhomelessday.org/
11	World Obesity Day	www.obesityday.worldobesity.org/
12	World Sight Day	https://www.iapb.org/advocacy/world-sight-day/
12	World Arthritis Day	http://www.arthritis.org.nz/
TBC	Pink Ribbon Street Appeal	http://www.nzbcf.org.nz
TBC	14 hour sleepout – Salvation Army	http://salvationarmy.org.nz/
13	World Hospice & Palliative Care Day	http://www.thewhpca.org/
15	Global Hand Washing Day	https://globalhandwashing.org/global-handwashing-day/
15	Term Four Starts	
19	HB Anniversary Day	
20	World Osteoporosis Day	https://osteoporosis.org.nz/
22	World Stuttering Day	http://www.stuttering.co.nz/
22	Labour Day	
24	United Nations Day	http://www.un.org/
TBC	Safer Community Napier Day	
29	World Psoriasis Day	http://www.psoriasis.org.nz/
November		Whiringa-a-rangi
	November – Men's Health Month	http://www.movember.com/
	Diabetes Action Month	http://www.diabetes.org.nz/
01	World Vegan Day	http://www.vegansociety.co.nz/

01 - 07	Parkinson's Awareness Week	http://www.parkinsons.org.nz/
08	Radiography Day	http://www.sor.org/about-radiography/world-radiography-day/
11	Armatice Day	http://www.rsa.org.nz/
11 - 17	Diabetes Awareness Week	http://www.diabeteshb.org.nz/
12	World Pneumonia Day	https://stoppneumonia.org/world-pneumonia-day/
12 -18	World Antibiotic Week	http://www.who.int/campaigns/world-antibiotic-awareness-week/en/
14	World Diabetes Awareness Day	http://www.diabetes.org.nz/
14	World COPD Day	http://asthmafoundation.org.nz
15	Buddy Day – Child Matters	http://www.childmatters.org.nz/172/about-us/our-services/awareness-and-influencing/buddy-day
TBC	Melanoma Awareness Week –“Go Spotty” Mufti Day	http://www.melanoma.org.nz/news-events/
18	The World Day of Remembrance for Road Traffic Victims	http://www.worlddayofremembrance.org/
19	International Men's Day	http://www.internationalmensday.com/
TBC	Camberley CAFÉ	lhalbert@teorahou.org.nz
TBC	Women's Lifestyle Expo Pettigrew Green Arena	http://www.expos.co.nz
25	White Ribbon Day - international day for the elimination of violence towards women	http://whiteribbon.org.nz/
December		Hakihea
	Decembeard Beat Bowel Cancer Month	http://www.beatbowelcancer.org.nz/
01	Aids Foundation Red Ribbon Day	http://www.nzaf.org.nz/
03	World Day Of Persons With Disabilities	http://www.un.org/en/events/disabilitiesday/
05	World Volunteer Day	http://www.volunteering.org.nz/
07	Safe Sleep Awareness Day	http://sudinalationalcoordination.co.nz/safe-sleep-day
10	World Human Rights Day	http://www.un.org/en/events/humanrightsday/
18	World Migrants Day	http://www.un.org/en/events/migrantsday/
20	Term Four Finishes	
25	Christmas Day	
26	Boxing Day	

For health education resources please contact:

Wendi Wolfen-Duvall – Health Education Resource Coordinator/Authorised Provider

Email wendi.wolfen-duvall@hbdhb.govt.nz Phone 06 834 1815 ext 4162 Fax 06 834 1894 Visit Napier Health, 76 Wellesley Road, Napier 4110. Mail PO Box 447, Napier 4140.

To view and order Ministry of Health & Health Promotion Agency resources go to: www.healthed.govt.nz

Whilst every effort has been made to ensure dates are correct HBDHB accepts no liability for the accuracy of dates or content enclosed in this calendar. For more information about each event please contact the relevant organisation through their website.