

Shower Stool



Instructions for setting
up a Shower Stool at
home

For further information please contact:
06 878 8109 ext 5761



HAWKE'S BAY
District Health Board
Whakawateatia

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Instructions for setting up a Shower Stool at home

To adjust height:



- Push in the metal buttons on the legs
- Set at the height to suit the person using the shower stool
- Click the buttons into the correct holes, make sure the buttons are completely popped out
- Make sure all four legs are the same length
- One leg has extra holes—this is used to adjust the stool for uneven surfaces.

To Use:



- Make sure feet are flat on the floor and hips are above the knees
- Always use two hands to push off the frames arms as it can tip
- Stool can be used in a cubicle or shower or for sponge washing at the basin
- Stool can be used with non slip bath mat if surfaces are slippery.

DO NOT USE STOOL IN A BATH OR SHUB

Maximum weight capacity is 120kg

Additional information from your Occupational Therapist:

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If you have any questions or require further advice please ring the
Hawke’s Bay Hospital Equipment Loan Store
Phone: 06 878 8109 ext 5761