

iN FOCUS

News & views about Our Health from Hawke's Bay
DHB chief executive Dr Kevin Snee.

April 2017



Influenza.
Don't get it.
Don't give it.

3

Jammies for June | Ngātahi Vulnerable Children's Workforce Development Programme in Hawke's Bay | Napier Health in the Spotlight

4

Ditching Dan's Dreads | HBDHB leads in hand hygiene best Practice | Move to improve

5

Clinical Skills Open Doors | Welcome – Phillip Manoy | Least We Forget | International Secretaries' Day

6

PhD Students | HB Health Awards 2017 | Mental Health Credentialing | Rheumatic Fever Prevention

This week our board members (pictured) got their flu jabs. Have you had yours yet?

CEO news



Dr Kevin Snee

Financial watch in place

You will all be aware we have put in place a financial watch on all spending that can be avoided or deferred for the next 10 weeks.

We have had a few questions from staff over the past week since we announced the 'watch' being put in place. A number of those queries relate to why we need to have a surplus when many DHBs don't, and they still manage to function.

Fundamentally, it's about maintaining financial sustainability and giving ourselves the means to invest in new services and infrastructure that we would otherwise have to borrow for. Borrowing money requires Ministry permission, and a dollar spent on interest cannot also be spent on patient services. We have therefore avoided having to borrow money for the past seven years, and it's certainly not somewhere we wish to return to.

A good example of how operating in surplus benefits our patients and community was the national food services contract. Hawke's Bay was able to make its own decision on this and was in a position to consider the impact outsourcing food services would have on the community. Being financially sustainable gives us greater independence and flexibility. Additionally and importantly it also has significant benefits for our own reputation, which helps us attract high calibre staff to Hawke's Bay.

Many of you have also asked why the campylobacter outbreak and the two Resident Medical Officer (RMO) strikes have impacted on the financial position of the district health board when these events, in particular the campylobacter outbreak, were a nearly a year ago. The effect of the campylobacter outbreak in cost, was over \$1million, but it has cost us more in catch-up and time as we deferred services. Many senior staff had their focus diverted from day-to-day business to managing the outbreak as it unfolded. The two RMO strikes net cost was somewhere between \$700k and \$1million including additional catch-up activity including outpatient clinics and electives that had to be deferred and caught up on top of normal service bookings. We are still catching up on those now.

“Unless we take firm and decisive action to address our spending it will drive further adverse results and we will be in a deficit position before we know it.”

As we outlined at last week's Financial Update seminar, these extraordinary pressures combined with a number of one-off costs such as catching up on radiology wait times and a new laboratory services building, have all contributed to the financial position we are in. There has also been significant underlying pressures in demand on hospital services since January. Unless we take firm and decisive action to address our spending it will drive further adverse results and we will be in a deficit position before we know it.

Why is it important?

SUSTAINABILITY. The level of service and infrastructure investments that we have seen in recent years are only possible if we are achieving our financial targets

SELF DETERMINATION. This gives us space to define our own priorities rather than simply responding to national priorities

REPUTATION. Our national reputation is enhanced and therefore our ability to, for example, attract high calibre staff is enhanced

The district health board's forecast spend this year is \$530 million, and in the next 10 weeks we will spend over \$110 million. We need to reduce our remaining spend to year end by about 3 percent. We are confident that together we can achieve that goal.

Over the next 10 weeks all spending will be closely monitored. We will update you all on progress in my next newsletter as well as at the next Transform and Sustain seminar, which will be held 19 May in the Education Centre between 12.30pm and 1.30pm.

In the following pages of this month's newsletter you will learn more about a raft of things we are doing well and in doing so making a difference to our community including results from the latest hand hygiene survey where we topped the list of DHBs in hand hygiene compliance. There is more detail on the report later in this newsletter, but I wanted to congratulate you all. Hand hygiene compliance is simple but one of the most effective ways all clinicians can protect their patients.

Jammies for June

During the month of May you can expect to see donation boxes set up throughout our buildings in Hastings, Napier and Wairoa, as we rally behind a worthwhile cause to help keep local kids warm this winter – Jammies for June.

HBDHB has been involved with Jammies for June for three years now – an initiative by online community *Out and About with Kids in Hawke's Bay* as well as the *U-Turn Trust*, managed under the watchful eye of local Gabby Allen, who is also a Hawke's Bay Maternity Consumer Member.

Midwifery Director Jules Arthur is spearheading HBDHB's support, working closely with the organisers, and says every little bit of giving counts as PJ donations go directly to local families in need. We are proud to help promote this worthwhile initiative because as Hawke's Bay's largest employer, we have a great opportunity to spread the word amongst staff, and hopefully transfer this into giving.

What is Jammies for June?

Simple – it's all about donating sleepwear or accessories to help keep kids warm. Last year over 1000 pairs of PJ's were distributed but it apparently still wasn't enough – so this year the target is 2000 pairs.

The size range of PJ's needed is for children aged between 1 and 18 years – with the bulk needed for children aged between 1 and 9 years, based on previous years' requirements.

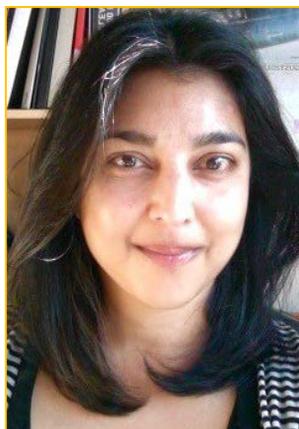
How can you help?

- You could purchase some PJ's and donate them at a drop-off point at work which are: Hawke's Bay Hospital's Children's Ward and Maternity, as well as reception points in CHB and Wairoa.
- If you have wool blankets or mattresses in good clean condition, these are also in need. Note: Drop-off points for larger items are located throughout HB.
- If you're a keen knitter, then supporting the cause and knitting a wool blanket and/or wool baby wrap, for example, would be gratefully received.
- If you would simply like to make a donation towards the cause, a dedicated bank account has been set up. Name: Out and About + Account Number 03 0698 0126026 000

To quote our Health Equity Report, 2016, "*Hawke's Bay is a great place to live. But not everyone in Hawke's Bay has the same opportunity to be healthy.*" Let's help to keep our most vulnerable children warm this winter. To find out more, [click here](#)



Ngātahi Vulnerable Children's Workforce Development Programme in Hawke's Bay



Bernice Gabriel, Senior Psychologist at the Child, Adolescent & Family Service, has been appointed as Project Manager for the Ngātahi Vulnerable Children's Workforce Development Programme. Vulnerable children are those at significant risk of harm to their wellbeing due to adversities in their environments and/or their own complex needs, and they are at high risk of poor health, education and social outcomes.

To support agencies to develop skills essential to work safely and effectively with vulnerable children and families, the Ministry of Social Development Children's Action Plan Directorate developed the Vulnerable Children's Core Competency Framework, in partnership with sector leaders from education, health and social services. The framework is still in development but sufficiently well-developed to trial in Hawke's Bay.

The Ngātahi programme is a multi-sector and collaborative three year plan to assess and map the skills and development needs of the vulnerable children's workforce in Hawke's Bay, and to create, implement and evaluate a plan to address those needs. The programme aims to fundamentally change the way we deliver services to our most vulnerable children and families in Hawke's Bay.

Dr. Russell Wills, Community Paediatrician, is the Project Sponsor, and the Executive Sponsor is Tracee Te Huia (Executive Director, Strategy & Health Improvement). Senior cultural advisors from HBDHB and MSD will assist with cultural input into all aspects of the project.

Napier Health in the Spotlight

Lights! Camera!

Last week a local film crew were at Napier Health shooting promotional footage of the facility and the various providers/services within. This was a planned project arranged by Napier Health management in conjunction with our Communications Department. Many staff took part in the filming and by all accounts, the day ran smoothly and ahead of schedule. The promotional clip will help to better illustrate what's on offer at Napier Health to locals via online marketing channels. Well done to all involved, I look forward to seeing the finished product.

Ditching Dan's Dreads

Recently HBDHB management received a request from a young local man, Daniel Lee. He wanted to give back to us, to say thanks for our care when he was aged just six years of age. Seventeen years ago Daniel was involved in an accident at home that required the Lowe Corporation rescue helicopter. It was that quick flight to hospital that saved his life. He then spent many weeks in our care in the children's ward and it was whilst in our care where he also learnt to walk again.

Now aged 23, Daniel had spent four months walking the length of New Zealand along the Te Araroa trail from Cape Reinga to Bluff raising over \$17,000 along the way through a *Give a Little* page for the rescue chopper. Upon returning from his walk, he wanted to ditch his dreadlocks and raise money from those dreadlocks for the children's ward. After a lot of discussion with our paediatric staff, it was decided that a long awaited special outside space for our immune-compromised children would be a great goal.

A fortnight ago we welcomed Daniel home to the bay at the helicopter hanger and organised a fundraising event 'Ditch Dan's Dreads' where his dreadlocks were chopped off on the day. We managed to raise over \$7800 towards this special project.

Thanks to our staff who were involved to make this event so special, and all involved who turned up to welcome Dan home. I hope you enjoy a few pics from this event.



Dan getting his dreadlocks chopped off.



Dan receiving a Totara Tree gift from patient Maximus on the day



Dan with 12-year-old patient Embia, who has spent a lot of time in hospital with us.

HBDHB leads in hand hygiene best practice

FIGHT
ANTIBIOTIC
RESISTANCE
IT'S IN YOUR HANDS



#HandHygiene
#AntibioticResistance

As mentioned in my foreword on page 1, our DHB received top honours in the Health Quality & Safety Commission's National hand hygiene compliance report for the period 1 November 2016 to 31 March 2017.

As you know, Healthcare associated infections are preventable, and it is through simple interventions such as hand hygiene that we improve the quality and safety of patients in our care. I am very proud of the ongoing education and dedicated work by our Hand Hygiene champions (compliance auditors) to deliver and reinforce the importance of hand hygiene to all staff. It is their work and passion that has helped us lift our game year-on-year, back from compliance statistics in 2012 of just 54% to what we are achieving now which is an 88.7% success rate.

The challenge is to keep our standards high, and lift them even higher. There is no room for complacency.

Incidentally, World Hand Hygiene Day is fast approaching – we are celebrating the day on 5 May. The day is coordinated by the World Health Organization and this year's worldwide theme is "Fight antibiotic resistance – it's in your hands."

Keep an eye out for activity in your workspace.

Move to Improve

It was great to see such a good turnout at our April Falls events earlier this month where our focus this year is promoting "Move to Improve". We offered free Tai Chi balance and strength classes on site at Hastings which coincided with our public showcase – the 2017 Falls Prevention Expo which was supported by St John, Sport Hawke's Bay, Age Concern and HBDHB Physio teams.

The winner of the poster competition will be announced in coming weeks.



Clinical Skills Opens Doors

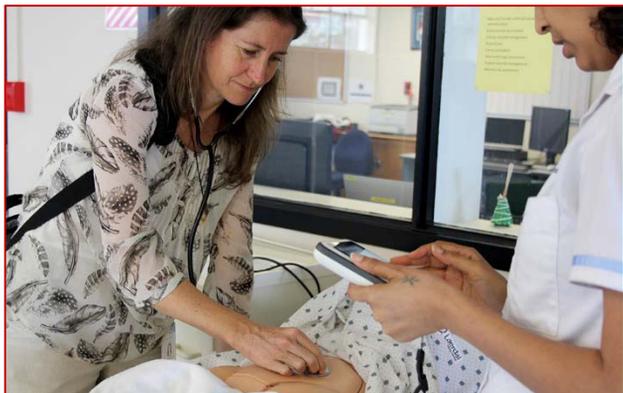
Recently our Clinical Skills Lab held an Open Day for all staff to showcase its new room layout, as well as renew awareness about the lab's resources and clinical support training opportunities across the DHB.

More than 60 staff attended the Open Day which was supported by Laerdal representative, Trevor Hunt.

Guests were able to watch demonstrations and learn from educators on a wide range of topics and equipment use such as trauma management, resuscitation equipment, advanced airway management, Paediatric emergency equipment, IV Training equipment, Mental Health and safe handling skills.

The Open Day was a huge success. Well done to the team for planning this day and showcasing the Lab in such a user-friendly way.

To enquire about training sessions with the Clinical Skills Lab, please contact Helen Ansell, Resuscitation Training Officer by email or on x4534.



Demonstration stations were led by ED educator, Melissa Jensen, clinical nurse specialist IV, Anne Bruce, clinical nurse specialist ED, Susan Hawkins, paediatric nurse educator, Di O'Connor, DN nurse educator, Prettyyma Pokhun, mental health nurse educator Karen Smiley and physio Julie Moffett.

Least We Forget

As New Zealand's only DHB with a memorial hospital, in honour of our fallen soldiers, it is always moving to attend our annual Anzac Day service at Hawke's Bay Fallen Soldiers' Memorial Hospital.

This year we hosted our largest crowd ever. It feels good to be able to offer our patients, who are well enough, the opportunity to also attend this very important memorial service on our calendar.

A huge thank you to Rev Barbara Walker for her coordination and efforts to pull this service together and all of our other staff who assisted Bev to help make this such a successful morning. ZACs Café also did a great job managing to service a large amount of food and beverages to guests. In particular, it was wonderful to see many young people and families attend the service. I am told a former nurse, aged 103, was also in the crowd.



International Secretaries' Day

On Wednesday 26 April, it was International Secretaries' Day. To each and every one of our secretaries and medical typists here at HBDHB, your daily efforts don't go unnoticed. You are an essential component of our HBDHB team. I'd particularly like to take this opportunity to acknowledge my own Executive Assistant, Kathy Shanaghan. Kathy has put up with me since I arrived in Hawke's Bay. She is incredibly professional and goes above and beyond to ensure everything runs as smoothly as possible. Above all, Kathy is a team player, and is always happy to help others. Thanks for all that you do Kathy.



Welcome Phillip Manoy

A warm welcome to Phillip Manoy who joined us this week taking up the position of Deputy Service Director, Surgical Services Directorate. Phillip has 16 years of experience as a senior manager within the National Health Service, and will be a great asset to HBDHB. Whilst his substantive experience has been in clinical surgery initiatives he also has experience in change management, dealing with a range of demographics and has been project director on some very complex capital project initiatives, as well as on the integration of a number of hospital facilities. Although born and raised in the UK Phillip does have dual nationality (British and New Zealand). In his spare time he enjoys golf and cycling.

WELCOME!



PhD Students

It is with pleasure that I acknowledge the following staff that have completed their PhD's. Congratulations to you all on this wonderful achievement!

Dr Helen Francis

HBDHB Board Member

Helen's doctoral topic was "How do people with multiple long-term health conditions experience the self-management approach to health care?"

Dr Dianne Wepa

Turuki Maori Workforce, Maori Health

Dianne has recently completed her thesis *struggling to be involved: A grounded theory of Maori whānau engagement with healthcare services.*"

Dr Inez Awatere-Walker

Psychology Professional Advisor & Clinical Psychologist:
Community Mental Health & Addictions South

Inez has recently completed a Doctor of Health Science degree with the research conducted at HBDHB. The title is "Supporting Mental Health Recovery for Māori Whaiora: The Success Stories of Māori Whaiora and non-Māori Clinicians."

I invite staff who have completed their thesis to submit a copy to our library. I would also encourage others, who have recently completed their PhD's to please get in touch so I can also acknowledge your work in a future *In Focus* edition.

Please email: comms@hawkesbaydhd.govt.nz

HB Health Awards 2017

It's time to start thinking about entries for the 2017 Hawke's Bay Health Awards. Entries will open towards the end of next month, so get your thinking caps on. Awards categories will be the same as last year. They are:

- Excellence in Service Improvement
- Commitment to Quality Improvement and Patient Safety
- Excellence in Innovation
- Commitment to Reducing Inequities
- Excellence in Provider Collaboration and Integration
- Excellence in Clinical Practice
- Outstanding Contribution to Improving Health in Hawke's Bay
- Supreme Award – determined by Judges across all categories

The Awards are a highlight on the Hawke's Bay health sector's calendar and the night itself is one not to be missed!

This year's venue, entertainment and guest speaker have already been booked, but will remain a secret until much closer to the night itself – the only bit of info that I can pass on is that the evening this year will be hosted on a Friday night, as opposed to a Thursday, meaning many of you will be able to enjoy a sleep in the next morning.

More details will follow in the coming weeks, so keep an eye out.



Mental Health Nurse Credentialing

Building knowledge together to assist people with mental health and addiction issues is at the core of new mental health credentialing led by Hawke's Bay District Health Board's mental health nurses. The first programme, which was held this week with 11 participants, will enable nurses to better interact and assist people who have addiction and mental health concerns, but are reluctant to discuss their issues.

The Programme is endorsed by Te Ao Māramatanga, The New Zealand College of Mental Health Nurses and supports the new Model of Care in primary care for Mental Health by Health Hawke's Bay (PHO), with the district health board acting as teachers and mentors. The new programme will offer nurses an increased level of knowledge and skills out in the community rather so people are more able to interact early with services rather than waiting until they get so ill they need hospital level care.

This is a great example of integration and moving the knowledge and skills out into the community where it is easier for people to find and access.



Pictured the programme in action.

Rheumatic Fever Prevention

Our Population Health team has been meeting regularly with HB community providers as we gear up towards this winter's Rheumatic Fever prevention programme. Children and young people from Pacific and Māori communities are the most vulnerable and a lot of awareness and activity will be happening throughout our region targeting this risk group and those living in high deprivation communities as we work to highlight the importance of getting sore throats checked, antibiotic adherence, and where to access screening and treatment services.



Pictured with our healthy heart rheumatic fever mascot at this week's campaign meeting are representatives from HBDHB, Hawkes Bay Samoa Rugby and Sports, Te Tai Whenua O Heretaunga, Health Hawke's Bay, Kings Force Health, Kings Fanau A'oga Amata and Kainga Pasifika Services. Absent: Kahungunu Executive (Wairoa) and Te Kupenga Hauora Ahuriri are also campaign partners.

[Check out more info on our website here](#)