

Hawke's Bay 2017 Calendar of Health Events

January		Kohi-tatea
02 - 03	<i>New Year's Day Holidays</i>	
04	World Braille Day	http://www.rnzfb.org.nz/
04 - 08	HB Summer Cycling Carnival	http://summercyclingcarnival.co.nz/
28	Chinese New Year – Year of the Rooster	
February		Hui-tanguru
	Aotearoa Bike Challenge Month	http://www.lovetoride.net/nz
01	<i>Term 1 Starts</i>	
04	World Cancer Day	http://www.worldcancerday.org/
06	<i>Kahungunu Waitangi Day Celebrations - HB Regional Sports Park 9.00am - 4.00pm</i>	http://www.kahungunufestival.com/
06 - 26	Kahungunu Festival	http://www.kahungunufestival.com/
06 - 10	Heart Foundation Awareness Week	http://www.heartfoundation.org.nz/
08	Go By Bike Day	https://www.bikewise.co.nz/resources
10	HB Heart Foundation Appeal Day	http://www.heartfoundation.org.nz/
13 - 17	HB Commuter Cycle Challenge	lyndalj@spoorthb.net.nz
14	Congenital Heart Defect Awareness Day	http://www.heartkids.org.nz/
22	Te Matatini National Kapa Haka Competition Pohiri 11.00am McLean Park	http://www.kahungunufestival.com/
23 - 26	Te Matatini HB Regional Sports Park	http://www.kahungunufestival.com/
26 - 04	Hearing Awareness Week	http://nfd.org.nz
27 - 05	Well Child Week	http://www.wellchild.org.nz
28	Rare Disease Day	http://www.rarediseaseday.org/
March		Poutu-te-rangi
	Endometriosis Awareness Month	http://www.nzendo.org.nz/
	Melanoma March	http://www.melanoma.org.nz/
	Go Red For May – Women's Heart Awareness Month	https://www.heartfoundation.org.nz/for-women
	Child Cancer Appeal Month	http://childcancerfundraising.org.nz/event/hawkesbay
26 - 04	Hearing Awareness Week	http://nfd.org.nz
27 - 05	Well Child Week	http://www.wellchild.org.nz

03	World Hearing Day	
03 - 09	Endometriosis Awareness Week	http://www.nzendo.org.nz/
04 - 10	Light it Orange for Shine help victims of family violence	http://www.lightitorange.co.nz/
04	Cancer Society Relay For Life – HB Regional Sports Park	relay@cancerhb.org.nz
05	Playcentre Awareness Week	http://www.playcentre.org.nz
05	Children’s Day	http://www.childrensday.org.nz/
08	International Culture’s Day	Cornwall Park 11.00am – 4.00pm
08	International Dietitian Day	http://dietitians.org.nz/
08	Walk 2 Work Day	http://www.livingstreets.org.nz/
08	International Women’s Day	https://www.internationalwomensday.com/
09	World Kidney Day – Kidney Disease & Obesity	http://www.worldkidneyday.org/
13 - 19	Brain Awareness Week	http://brainweek.co.nz/
20	World Oral Health Day	http://www.healthysmiles.org.nz/
20 - 26	Shave For A Cure Awareness Week	http://www.leukaemia.org.nz/
20	Shave For A Cure Day	http://www.leukaemia.org.nz/
20 - 22	Child Cancer Beads Of Courage	http://childcancer.org.nz
21	World Down Syndrom Day - T4T (Tea 4 Trisomy 21)	http://www.nzdsa.org.nz/
21	World Social Work Day - ‘Promoting Community and Environmental Sustainability’	http://ifsw.org/world-social-work-day-2017/
22	World Water Day	http://www.worldwaterday.com/
24 - 25	Red Puppy Appeal	http://www.rnzfb.org.nz/
24	World Tuberculosis Day	http://www.stoptb.org/events/
25 - 26	Neighbours Day	http://www.neighboursday.org.nz/
25 - 26	Edible Gardens HB Showgrounds	http://showgroundshb.co.nz/edible-garden-show.php
26	Purple Day Epilepsy	http://www.epilepsy.org.nz/
April		Paenga-whawha
02	<i>Daylight Saving End (3.00am becomes 2.00am)</i>	
03 -28	HB April Falls –“Move to Improve”	http://www.hqsc.govt.nz/our-programmes/reducing-harm-from-falls/april-falls/april-falls-2017/
03 - 07	Autism Awareness Week	http://www.autismnz.org.nz/
03 - 09	St John Appeal Week	http://stjohn.org.nz
07	World Health Day – Depression Let’s Talk	http://www.who.int/campaigns/en/
11	World Parkinson’s Day	
13	<i>Term One Finishes</i>	
14	<i>Good Friday</i>	
17	<i>Easter Monday</i>	
17	World Haemophilia Day	http://haemophilia.org.nz
21	Poppy Day	http://www.rsa.org.nz/
24	World Meningitis Day	http://www.meningitis.org.nz
25	<i>ANZAC Day</i>	

25 - 01	Food Allergy Awareness Week	http://www.allergy.org.nz
28	World Day for Safety & Health at Work	
May		Haratua
25 - 01	Food Allergy Awareness Week	http://www.allergy.org.nz
01 - 05	Waste Free Parenting Week	http://www.thenappylady.co.nz/wastefreeparentingweek.html
01 - 07	Immunisation Awareness Week	
01 - 07	Iron Awareness Week	http://www.ironweek.co.nz
01	Term Two Starts	
01 - 07	Salvation Army Red Shield Appeal Week	http://salvationarmy.org.nz
01 - 07	Student Volunteer Week	http://www.volunteeringnz.org.nz/
02	World Asthma Day	
05	International Midwives Day	
05	World Hand Hygiene Day	
06 - 12	Nurses Week	
06	World Red Cross Crescent Day	http://redcross.org.nz
08 - 14	Road Safety Week	http://brake.org.nz
08 - 14	Sign Language Week	http://www.deaf.org.nz
08 - 14	Rape Crisis Awareness Week	http://www.rapecrisis.org.nz
10	World Lupus Day	http://www.lupus.org.nz
12	World ME Awareness Day	http://www.anzmes.org.nz
12	World Fibromyalgia Day	http://www.arthritis.org.nz
12	International Nurses Day	http://www.nzno.org.nz
14	Mothers Day	
15	International Day of Families	http://www.un.org/en/events/familyday
15 - 19	Alcohol Youth Expo – Pettigrew Arena	Linda.anderson@hbrc.govt.nz
15	Friday Jean Day – Napier Family Centre	http://www.napierfamilycentre.org.nz/jeansday-Friday
16 - 22	Coeliac Awareness Week	http://www.coeliac.co.nz
17	International Day Against Homophobia, Transphobia & Biphobia – “Families”	http://dayagainsthomophobia.org/
19	World IBD Day	http://www.worldibd.org/
19	World Sickle Cell Day	http://www.worldsicklecellday.webs.com/
20	World Autoimmune Arthritis	http://www.worldautoimmunearthritisday.org
22 - 28	Macular Degeneration Awareness Week	http://www.mdnz.co.nz/
26	Pink Shirt Day	http://www.pinkshirtday.org.nz/
26 - 04	Youth Week “Our Voices Count; Count our Voices”	http://www.arataiohi.org.nz/youthweek
27	World Multiple Sclerosis Day	http://www.msnz.org.nz/
28 - 03	Samoan Language Week	http://www.mpp.govt.nz/language-culture-and-identity/pacific-language-weeks/
28	World Hepatitis Day	http://www.hepfoundation.org.nz/
31	World Smokefree Day	http://smokefree.org.nz/
31 - 06	Infant Gastric Reflux Awareness Week	http://cryingoverspiltmilk.co.nz

June		Pipiri
26 - 04	Youth Week “Our Voices Count; Count our Voices”	http://www.arataiohi.org.nz/youthweek
28 - 03	Samoa Language Week	http://www.mpp.govt.nz/language-culture-and-identity/pacific-language-weeks/
31 - 06	Infant Gastric Reflux Awareness Week	http://cryingoverspiltmilk.co.nz
04	Cancer Survivors Day	http://www.cancernz.org.nz/
05	Queens Birthday	
05	World Environment Day	
08	World Brain Tumor Day	
09	Tamatea Matariki Event –Te Aute College, Pukehou, CHB	http://www.kahungunu.iwi.nz/
12 - 18	Mens Health Week	http://menshealthweek.co.nz/
14	World Blood Donor Day	http://www.nzblood.co.nz/
15	World Elder Abuse Day	http://www.ageconcern.org.nz/
15 - 21	World Elder Abuse Week	http://www.ageconcern.org.nz/
16	Matariki Heretaunga – Flaxmere Park	http://www.kahungunu.iwi.nz/
17	Napier Matariki Event – Soundshell, Marine Parade, Napier	http://www.kahungunu.iwi.nz
17	Takapau Matariki Event	http://www.kahungunu.iwi.nz
18	Autistic Pride Day	
18 - 24	Volunteer Awareness Week	http://www.volunteeringnz.org.nz/
19	World Sickle Cell Day	http://www.worldsicklecellday.webs.com/
20	World Refugee Day	http://www.un.org/en/events/refugeeday/
23	Wairoa Matariki Event-Community Centre, Marine Parade, Wairoa	http://www.kahungunu.iwi.nz
26 - 01	Continenence Awareness Week	http://www.continence.org.nz/
July		Hongongoi
	Women’s Refuge Awareness Month	http://www.womensrefuge.org.nz
02 - 08	Neurological Foundation Appeal Week	http://www.neurological.org.nz/
07	Term Two Finishes	
24	Term Three Starts	
24 – 30	Loss & Grief Awareness Week	http://www.grief.org.nz/
28	World Hepatitis Day	http://www.hepfoundation.org.nz/
30 – 05	Cook Island Language Week	http://www.mpp.govt.nz/language-culture-and-identity/pacific-language-weeks/
August		Here-turi-koka
	@Heart Month Heart Kids Month	http://www.heartkids.org.nz/
30 – 05	Cook Island Language Week	http://www.mpp.govt.nz/language-culture-and-identity/pacific-language-weeks/
01 – 07	World Breastfeeding Week	http://worldbreastfeedingweek.org/
TBC	Mutiple Sclerosis Week	http://www.msnz.org.nz/
04	Silent Leadership Challenge	http://www.silentleadershipchallenge.com

09	World Indigenous Peoples Day	http://www.un.org/en/events/indigenousday/
12	International Youth Day	http://www.un.org/en/events/youthday/
14 – 20	Cystic Fibrosis Awareness Week	http://www.cfnz.org.nz/
25	Daffodil Day	http://www.cancernz.org.nz/
TBC	Parenting Week	http://www.nht.org.nz/parentingweek
September		Mahuru
	Cervical Screening Awareness Month	http://www.nsu.govt.nz/
	Blue September Month Prostate Cancer	http://www.blueseptember.org.nz/
	Leukemia & Lymphoma Month	http://www.lls.org.nz/
	Remember September – Students Against Drink Driving	http://www.sadd.org.nz/
	September Month – Cerebralpalsy	http://www.cerebralpalsy.org.nz/
	Breathe Better September	http://www.breathebetterseptember.co.nz/
01	Gamble Free Day	http://www.gamblinghb.co.nz/
01	Random Act of Kindness Day	http://rak.co.nz/
03	<i>Father's Day</i>	
03 - 09	Tongan Language Week	http://www.mpp.govt.nz/language-culture-and-identity/pacific-language-weeks/
04 - 08	Adult Learner's Week	http://www.literacy.org.nz
04 - 08	Asthma Awareness Week	http://www.breathehb.co.nz/
08	Asthma Balloon Day	http://www.breathehb.co.nz/
08	World Literacy Day	http://www.literacy.org.nz
08	World Physiotherapy Day	http://www.physio.co.nz/
09	Fetal Alcohol Spectrum Disorder Awareness Week	http://www.fan.org.nz/fasd_awareness_day/
10	World Suicide Prevention Day	http://www.spinz.org.nz/
11 - 17	Maori Language Week "Kia ora te reo"	http://www.tetaurawhiri.govt.nz/news/kia-ora-te-reo/
TBC	Speech Language Therapy Awareness	http://www.speechtherapy.org.nz
15 - 23	CanTeen Awareness Week – Helping Young People Facing Cancer	http://www.canteen.org.nz/
15	World Lymphoma Day	http://www.leukaemia.org.nz/
TBC	Hospital Chaplaincy Week	http://www.ichc.org.nz
21	World Alzheimers Day	http://www.alzheimers.org.nz/
22 - 28	Arthritis Awareness Week	http://www.arthritis.org.nz/
24	World Deaf Day	http://www.nfd.org.nz/
24	Daylight Saving Start (2.00am becomes 3.00am)	
25 - 30	Deaf Awareness Week	http://www.nfd.org.nz/
25	White Heart Day Victims Remembrance	http://www.whitehearttrust.co.nz/
26	World Contraception Day	http://www.familyplanning.org.nz/
29	Loud Shirt Day – Deaf Children Awareness Day	http://www.loudshirtday.org.nz/
29	<i>Term Three Finishes</i>	

October		Whiringa-a-nuku
	Breast Cancer Awareness Month	http://www.nzbcf.org.nz/
	Stoptober 31 day quit smoking challenge	http://www.stoptober.nz/
	Health Literacy Month	http://www.healthliteracymonth.org/
	World Vegetarian Month	http://www.vegetarian.org.nz/
01	World Day of Older Persons	http://www.ageconcern.org.nz/
01	World Vegetarian Day	http://www.vegetarian.org.nz/
02	World Habitat Day	http://www.unhabitat.org/
02 - 08	Stroke Awareness Week	http://www.stroke.org.nz/
04	World Cerebral Palsy Day	
05	World Teachers' Day	http://www.teacherscouncil.govt.nz/
06	World Smile Day	http://www.worldsmileday.com/
07	Blood Pressure Awareness Day	http://www.stroke.org.nz/stroke-blood-pressure-campaign
09 - 15	Mental Health Awareness Week	http://www.mentalhealth.org.nz/
09 - 15	Baby Loss Awareness week	http://www.sands.org.nz/
10	Mental Health Awareness Day	http://www.mentalhealth.org.nz/
10	World Homeless Day	http://www.worldhomelessday.org/
TBC	Blind Appeal Week	http://www.rnfb.org.nz/
12	World Arthritis Day	http://www.arthritis.org.nz/
13 - 14	Pink Ribbon Street Appeal	http://www.nzbcf.org.nz
13	14 hour sleepout – Salvation Army	http://salvationarmy.org.nz/
14	World Obesity Day	www.obesityday.worldobesity.org/
14	World Hospice & Palliative Care Day	http://www.thewhpc.org/
14 - 23	Conservation Week	http://www.doc.govt.nz/
15	Global Hand Washing Day	http://globalhandwashing.org/global-handwashing-day/
16	<i>Term Four Starts</i>	
20	Osteoporosis Day	http://www.bones.org.nz
20	<i>HB Anniversary Day</i>	
22	World Stuttering Day	http://www.stuttering.co.nz/
23	<i>Labour Day</i>	
24	United Nations Day	http://www.un.org/
29	World Psoriasis Day	http://www.psoriasis.org.nz/
29	World Stroke Awareness Day	
30 - 05	Perinatal Anxiety & Depression Aotearoa Awareness Week	http://www.pada.nz/
November		Whiringa-a-rangi
	Movember – Men's Health Month	http://www.movember.com/
01	World Vegan Day	http://www.vegansociety.co.nz/
01 - 07	Parkinson's Awareness Week	
30 - 05	Perinatal Anxiety & Depression Aotearoa Awareness Week	http://www.pada.nz/

01 - 07	Parkinson's Awareness Week	http://www.parkinsons.org.nz/
08	Radiography Day	http://www.sor.org/about-radiography/world-radiography-day/
10	Buddy Day – Child Matters	http://www.buddyday.org.nz
11	Armiatice Day	http://www.rsa.org.nz/
12 - 18	Diabetes Awareness Week	http://www.diabetes.org.nz/
14	World Diabetes Awareness Day	http://www.diabetes.org.nz/
15	World COPD Day	http://asthmafoundation.org.nz
18	The World Day of Remembrance for Road Traffic Victims	http://www.worlddayofremembrance.org/
TBC	Camberley CAFE	lhalbert@teorahou.org.nz
25	White Ribbon Day - international day for the elimination of violence towards women	http://whiteribbon.org.nz/
December		Hakihea
	Decembeard Beat Bowel Cancer Month	http://www.beatbowelcancer.org.nz/
01	Safe Sleep Awareness Day	http://www..whakawhetu.co.nz/safe-sleep-day/
01	Aids Foundation Red Ribbon Day	http://www.nzaf.org.nz/
03	World Day Of Persons With Disabilities	https://www.hrc.co.nz/your-rights/people-disabilities/our-work/international-day-persons-disabilities-
05	World Volunteer Day	http://www.volunteering.org.nz/
10	Human Rights Day	
14	<i>Term Four Finishes</i>	
18	World Migrants Day	http://www.un.org/en/events/migrantsday/
25	<i>Christmas Day</i>	
26	<i>Boxing Day</i>	

For health education resources please contact:

Wendi Wolfen-Duvall – Health Education Resource Coordinator/Authorised Provider
 Email wendi.wolfen-duvall@hbdhb.govt.nz Phone 06 834 1815 ext 4162 Fax 06 834 1894
 Visit Napier Health, 76 Wellesley Road, Napier 4110. Mail PO Box 447, Napier 4140.

To view and order Ministry of Health & Health Promotion Agency resource catalogue go to:
www.healthed.govt.nz

Whilst every effort has been made to ensure dates are correct HBDHB accepts no liability for the accuracy of dates or content enclosed in this calendar. For more information about each event please contact the relevant organisation through their website.