

## PAYMENT METHODS

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You will receive a monthly invoice which can be paid by the following methods:

**Monthly direct debit**

**Direct Credit**

**Cheque**

**In person by cash, cheque or EFTPOS**  
refer separate sheet.

For accounts enquiries only contact:  
06 873 2148



**Te Whatu Ora**  
Health New Zealand  
Te Matau a Māui Hawke's Bay

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# MEALS ON WHEELS

- Flaxmere
- Hastings
- Havelock North
- Napier
- Taradale

Hot or frozen meal and  
dessert \$7.80

**Phone:** 06 834 1836

**Email:** [mealsonwheels@hbdhb.govt.nz](mailto:mealsonwheels@hbdhb.govt.nz)

For more information go to:  
[www.ourhealthhb.nz/meals on wheels](http://www.ourhealthhb.nz/meals%20on%20wheels)

## ORDER INFORMATION

### **Hot meals:**

Can be ordered by arranging an ongoing standing order for Monday to Friday delivery, or selecting a few days only (see our 4-week-cycle menu) e.g. Mon, Wed, Fri.

Dietary requirements are catered for in our hot meal service, e.g. gluten free, dairy free, cut up, minced or pureed meals.

### **Frozen meals:**

Can be pre-ordered to cover weekends and public holidays instead of hot meals (these meals do not cater for specific dietary requirements)

### **How to order meals or make changes:**

**Phone:** 06 834 1836 Monday to Friday between 9am & 11.30am, or leave a phone message.

### **Email:**

mealsonwheels@hbdhb.govt.nz

Please allow at least 24 hours (working week) notice to set up an account to order hot or frozen meals; or to cancel meals or make changes to your order.

## DELIVERY INFORMATION

Red Cross volunteers deliver meals Monday to Friday, except public holidays.

If you have a dog please ensure it is tied up, or away from the entrance to your property.

Delivery is between 11.30am and 12.30pm. Please provide a suitable container if you are out when delivery is expected.

If meals cannot be delivered to your address, frozen meals may be collected by arrangement.

### **Payment for meals:**

Accounts are invoiced monthly, contact us for payment option that will suit you.

## FEEDBACK

We welcome your feedback — and if you have a classic kiwi favourite you would like to see on our menu, let us know!

## FROZEN MEAL RANGE

- Beef casserole
- Butter chicken
- Chicken and kumara casserole
- Corned beef and mustard sauce
- Lamb curry
- Macaroni cheese and bacon
- Pork and plum casserole
- Roast beef and gravy
- Roast chicken and gravy
- Roast pork and gravy
- Satay chicken
- Sausages with onion gravy
- Savoury mince

### **Vegetarian meals**

- Lentil and tomato quiche
- Macaroni cheese
- Vegetable bake
- Vegetable curry
- Vegetable frittata
- Vegetable lasagne

All meals are served with vegetables and potato or rice and are in oven and microwaveable trays.

Around public holidays, we have high demand for our meals and we may need to substitute a meal if your choice is out of stock.