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**Calendar of Health & Disability Awareness Events Hawke’s Bay 20212017**

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| **January** |  | **Kohi-tatea** |
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| ***01 & 04*** | ***New Year’s Day Holidays*** |  |
| 04 | World Braille Day | <https://blindlowvision.org.nz/> |
| **February** |  | **Hui-tanguru** |
|  | Aotearoa Bike Challenge Month | <https://www.lovetoride.net/nz> |
|  | Heart/ Atrial Fibrillation Awareness Month | <https://www.heartfoundation.org.nz/your-heart/> |
|  | Stand Up And Move More | <https://wellplace.nz/event-calendar/move-more-in-february/?date=2021-02-01> |
|  | Endometriosis Awareness Month | <https://nzendo.org.nz/> |
|  |  |  |
| ***01*** | ***Term 1 Starts*** |  |
| 02 | World Wetlands Day | <https://www.worldwetlandsday.org/> |
| 04 | World Cancer Day | <https://www.worldcancerday.org/materials> |
| 06 | Waitangi DayFamily Celebrations at HB Regional Sports Park | <https://www.kahungunu.iwi.nz/waitangi-day> |
| ***08*** | ***Waitangi Day******Observed*** |  |
| 11 | Safer Internet Day | <https://www.netsafe.org.nz/safer-internet-day/> |
| 12 | Chinese New Year – Year of the Gold Ox | <https://www.thechinesezodiac.org/chinese-horoscope-2021-year-of-the-metal-ox/> |
| 14 | Little Heart Day - Childhood heart defects Awareness Day | <https://heartkids.org.nz/> |
| **March** |  | **Poutu-te-rangi** |
|  | Stroke Awareness Month | <https://www.strokecentral.org.nz/> |
|  | Hearing Awareness Month | <https://www.nfd.org.nz/hearingawarenessmonth2021> |
|  | Brain Awareness Month | <https://neurological.org.nz/what-we-do/brain-awareness-month/> |
|  | SunSmart Month | <https://www.sunsmart.org.nz/> |
| 02 | International Cultures Day - Cornwall Park Hastings 11.00am – 4.00pm |  |
| 03 | World Hearing Day | <http://nfd.org.nz> |
| 04 | World Obesity Day | <http://www.obesityday.worldobesity.org/> |
| 06 - 14 | Recreation Aotearoa Parks Week | https://www.nzrecreation.org.nz/Site/events/parks-week.aspx |
| 09 - 09 | Endometriosis Awareness | <https://nzendo.org.nz/> |
| 06 - 14 | Seaweek “Connesting With Our Seas – Toi Moana – Toi Tangata” | <https://www.seaweek.org.nz/> |
| 07 | Children’s Day Te Ra O Te Tamariki | <https://www.childrensday.org.nz/> |
| 08 | International Women’s Day | [www.internationalwomensday.com/](http://www.internationalwomensday.com/) |
| 10 | Walk 2 Work Day | [www.livingstreets.org.nz/](http://www.livingstreets.org.nz/) |
| 10 -14 | Shave For A Cure Awareness Week | <https://shaveforacure.co.nz/> |
| 11 | World Kidney Day - Living well with kidney disease | <https://www.worldkidneyday.org/2021-campaign/2021-wkd-theme/> |
| 15 - 21 | Red Cross Appeal week | <https://www.redcross.org.nz/> |
| 16 | World Social Work Day “Ubuntu I am Because We Are” | [www.worldsocialworkday.com/](http://www.worldsocialworkday.com/) |
| 19 | World Sleep Day | <http://www.worldsleepday.org/> |
| 20 | World Oral Health Day | [www.healthysmiles.org.nz/](http://www.healthysmiles.org.nz/) |
| 20 - 30 | Neighbours Awareness Week – The Great Plant Swap | <http://neighboursday.org.nz/> |
| 21 | World Down Syndrome Day | <https://nzdsa.org.nz/> |
| 22 | World Water Day #Water2me | <https://www.worldwaterday.org/> |
| 24 | World Tuberclosis Day | https://www.who.int/campaigns/world-tb-day/ |
| 26 - 27 | Red Puppy Appeal | <https://blindlowvision.org.nz/guide-dogs/red-puppy-appeal/> |
| 29 | Bandanna Day | <https://www.canteen.org.nz/get-involved/bandanna-day/> |
| **April** |  | **Paenga-whawha** |
|  | HB April Falls Month | <http://www.hqsc.govt.nz/> |
|  | Cholesterol Awareness Month | <https://www.strokecentral.org.nz/event/cholesterol-awareness-month/> |
|  |  |  |
| 02 | World Autism Awareness Day | <http://www.autismnz.org.nz/> |
| ***02*** | ***Good Friday*** |  |
| TBC | ACP Awareness Day | <https://www.hqsc.govt.nz/our-programmes/advance-care-planning/> |
| ***04*** | ***Daylight Saving Ends Back 1 hour (3.00am becomes 2.00am)*** |  |
| ***05*** | ***Easter Monday*** |  |
| 07 | World Health Day | <http://www.who.int/campaigns/world-health-day/> |
| 11 | World Parkinson’s Day | <http://www.parkinsons.org.nz/> |
| *16* | ***Term One Finishes*** |  |
| TBC | CHB Service Community Day 10.00-13.00 Ruataniwha Street Waipukurau |  |
| 22 | World Earth Day | <https://www.earthday.org/earth-day-2020/> |
| ***26*** | ***ANZAC Day Observed*** |  |
| 26 - 02 TBC | Well child week | <https://www.wellchild.org.nz/> |
| 28 | World Day for Safety & Health @ Work | <https://www.un.org/en/events/safeworkday/> |
| May |  | **Haratua** |
|  | Change Wars Napier Family Centre | <http://napierfamilycentre.org.nz> |
|  | Quit for life in May | [http://smokefree.org.nz/](http://smokefree.org.nz/%20%20) |
|  | Light it Orange for Shine | <http://www.lightitorange.co.nz/> |
|  | Cystic Fibrosis Month | <https://www.cfnz.org.nz/> |
|  |  |  |
| ***03*** | ***Term Two Starts*** |  |
| 03 - 10 | Immunisation Awareness Week | <https://www.hpa.org.nz/programme/immunisation> |
| 04 | World Asthma Day | <https://www.asthmafoundation.org.nz/> |
| 05 | World Midwives Day | <https://www.findyourmidwife.co.nz/midwives/hawkes+bay> |
| 06 - 12 | Nurses Week | <https://www.nzno.org.nz/> |
| 08 - 16 | Youth Week - We’re Stronger Together | <http://www.arataiohi.org.nz/youthweek> |
| ***09*** | ***Mother’s Day*** |  |
| 10 - 14 | Youth Alcohol Expo – Pettigrew Arena | [Linda.anderson@hbrc.govt.nz](mailto:Linda.anderson@hbrc.govt.nz) |
| 10 - 15 | Sign Language Week | <http://www.deaf.org.nz> |
| TBC | Allergy Awareness Week | <http://www.allergy.org.nz/> |
| 12 | World Nurses Day | <http://www.nzno.org.nz> |
| 13 - 20 | Bullying-Free NZ Week | [www.bullyingfree.nz/](http://www.bullyingfree.nz/) |
| 21 | Pink Shirt Day | [www.pinkshirtday.org.nz](http://www.pinkshirtday.org.nz) |
| TBC | Samoan Language Week | <https://www.mpp.govt.nz/what-we-do/pacific-language-weeks/> |
| 30 | World Multiple Sclerosis Day | <http://worldmsday.org/> |
| 31 | World Smokefree Day | <https://www.smokefree.org.nz/> |
| **June** |  | **Pipiri** |
|  | Bowel Cancer Awareness Month | [https://bowelcancernz.org.nz/](https://bowelcancernz.org.nz/move-your-butt/) |
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| 03 | World Bicycle Day | <https://www.un.org/en/observances/bicycle-day> |
| 05 | World Environment Day | <http://worldenvironmentday.global/> |
| 06 | Cancer Survivors Day | <http://www.cancernz.org.nz/> |
| ***07*** | ***Queen’s Birthday*** |  |
| 08 | World Oceans Day | <https://www.worldoceansday.org/> |
| 14 | World Blood Donor Day | <http://www.nzblood.co.nz/> |
| 14 - 21 | Men’s Health Week | <https://www.menshealthweek.co.nz/> |
| 15 | World Elder Abuse Day | <http://www.ageconcern.org.nz/> |
| TBC | Continence Awareness Week | [http://www.continence.org.nz/](http://www.continence.org.nz/1) |
| 19 | World Sickle Cell Day | https://www.sicklecellsociety.org/wscd/ |
| 20 | World Refugee Day | <http://www.un.org/en/events/refugeeday/> |
| 20 - 26 | Volunteer Awareness Week | <https://nationalvolunteerweek.nz/> |
| **July** |  | **Hongongoi** |
|  | Women’s Refuge Awareness Month | <https://womensrefuge.org.nz/> |
|  | World Plastic Free July | <https://www.plasticfreejuly.org/> |
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| 02 - 10 | Matariki |  |
| ***09*** | ***Term Two Finishes*** |  |
| ***26*** | ***Term Three Starts*** |  |
| 26 - 30 | Loss & Grief Awareness Week | <https://www.skylight.org.nz/> |
| 28 | World Hepatitis Day | <https://www.hepatitisfoundation.org.nz/> |
| **August** |  | **Here-turi-koka** |
| 01 - 07 | Breastfeeding Week | <http://worldbreastfeedingweek.org/> |
| TBC | Cook Island Language Week | <https://www.mpp.govt.nz/what-we-do/pacific-language-weeks/> |
| 09 | World Indigenous Peoples Day | <http://www.un.org/en/events/indigenousday/> |
| 12 | Youth Day | <http://www.un.org/en/events/youthday/> |
| TBC | Iron Awareness Week | <http://www.ironweek.co.nz> |
| 27 | Daffodil Day | <http://www.cancernz.org.nz/> |
| **September** |  | **Mahuru** |
|  | Cervical Screening Awareness Month | <http://www.nsu.govt.nz/> |
|  | Blue September Prostate Cancer Awareness Month | <http://www.blueseptember.org.nz/> |
|  | Breathe Better September – Respiratory Condition Awareness Month | <http://www.breathebetterseptember.co.nz/> |
|  |  |  |
| 01 | Gamble Free Day | <http://www.gamblinghb.co.nz/> |
| 01 | Random Act of Kindness Day | <http://rak.co.nz/> |
| TBC | Conservation Week | <http://www.doc.govt.nz> |
| ***05*** | ***Father’s Day*** |  |
| TBC | Tongan Language Week | <http://www.mpp.govt.nz/language-culture-and-identity/pacific-language-weeks/> |
| 08 | World Literacy Day | <https://www.literacy.org.nz/> |
| 08 | World Physiotherapy Day | <http://www.physio.co.nz/> |
| 09 | Fetal Alcohol Spectrum Disorder Awareness Day | <https://www.fasd.org.nz/> |
| TBC | Speech Language Therapy Awareness | <https://speechtherapy.org.nz/> |
| 10 | World Suicide Prevention Day | <http://www.spinz.org.nz/> |
| 14 - 20 | Maori Language Week Maori Language Day 14 | <https://www.tetaurawhiri.govt.nz/events> |
| TBC | Patients Safety Week / Day 17 | https://www.hqsc.govt.nz/our-programmes/patient-safety-week/ |
| 21 | World Alzheimers Day | <http://www.alzheimers.org.nz/> |
| TBC | Arthritis Awareness Week | <http://www.arthritis.org.nz/> |
| 22 | World Car Free Day | <http://www.worldcarfree.net/> |
| 25 | World Pharmacist Day | <https://www.fip.org/worldpharmacistsday> |
| ***25*** | ***Term Three Finishes*** |  |
| ***26*** | ***Daylight Saving Starts forward 1 hour (2.00am becomes 3.00am)*** |  |
| 23 | Loud Shirt Day – Deaf Children Awareness Day | <http://www.loudshirtday.org.nz/> |
| 27 - 03 | Mental Health Awareness Week | <http://www.mentalhealth.org.nz> |
| **October** |  | **Whiringa-a-nuku** |
|  | Breast Cancer Awareness Month | <http://www.nzbcf.org.nz/> |
|  | Health Literacy Month | <http://www.healthliteracymonth.org/> |
|  |  |  |
| ***01*** | ***Term Three Ends*** |  |
| 01 | World Day of Older Persons | <http://www.ageconcern.org.nz/> |
| 01 | World Vegetarian Day | <http://www.vegetarian.org.nz/> |
| 01 | World Smile Day | <http://www.worldsmileday.com/> |
| 05 | World Teachers’ Day |  |
| 09 - 15 | Baby Loss Awareness week | <http://www.sands.org.nz/> |
| 10 | World Mental Health Awareness Day | <http://www.mentalhealth.org.nz/> |
| 10 | World Homeless Day | <http://www.worldhomelessday.org/> |
| 10 | World Hospice & Palliative Care Day |  |
| 12 | World Arthritis Day | <http://www.arthritis.org.nz/> |
| 13 | Disaster Risk Reduction Day | <https://www.un.org/en/observances/disaster-reduction-day> |
| 14 | Allied Health Professionals Day | <https://sites.google.com/view/ahps-day/home> |
| 15 | World Hand Washing Day | <http://www.globalhandwashingday.org/> |
| ***18*** | ***Term Four starts*** |  |
| 19 - 23 | Melanoma Awareness Week & “Get Spotted” | <https://www.melanoma.org.nz/> |
| 20 | World Osteoporosis Day | <https://osteoporosis.org.nz/> |
| ***22*** | ***HB Anniversary Day*** |  |
| 24 | United Nations Day | <http://www.un.org/> |
| ***25*** | ***Labour Day*** |  |
| **November** |  | **Whiringa-a-rangi** |
|  | Movember – Men’s Health Month | <http://www.movember.com/> |
|  | Diabetes Action Month | <http://www.diabetes.org.nz/> |
|  |  |  |
| 01 | World Vegan Day | <http://www.vegansociety.co.nz/> |
| 01 - 07 | Parkionson’s Awareness Week | <http://www.parkinsons.org.nz/> |
| 03 - 09 | Oral Health Week |  |
| 05 | World Tsunami Day | <https://www.un.org/en/events/foodsafetyday/> |
| 08 | Radiography Day | <http://www.sor.org/about-radiography/world-radiography-day/> |
| 11 | Armiatice Day | <http://www.rsa.org.nz/> |
| 12 | World Pneumonia Day | <https://stoppneumonia.org/world-pneumonia-day/> |
| 13 -19 | Transgender Awareness Week |  |
| 13 | World Kindness Day |  |
| 14 | World Diabetes Awareness Day | <http://www.diabetes.org.nz/> |
| TBC | World Antibiotic Week | <http://www.who.int/campaigns/world-antibiotic-awareness-week/en/> |
| 21 | World COPD Day | <http://asthmafoundation.org.nz> |
| 25 | White Ribbon Day - international day for the elimination of violence towards women | <http://whiteribbon.org.nz/> |
| **December** |  | **Hakihea** |
|  | Decembeard Beat Bowel Cancer Month | <http://www.beatbowelcancer.org.nz/> |
|  | Remember December | <https://dementia.nz/> |
|  |  |  |
| 01 | World Aids Foundation Red Ribbon Day | <http://www.nzaf.org.nz/> |
| 03 | World Day Of Persons With Disabilities | <http://www.un.org/en/events/disabilitiesday/> |
| 03 | Safe Sleep Awareness Day | <http://sudinationalcoordination.co.nz/safe-sleep-day> |
| 05 | World Volunteer Day | <http://www.volunteering.org.nz/> |
| 10 | World Human Rights Day | <https://www.un.org/en/observances/human-rights-day> |
| 18 | World Migrants Day | <https://www.un.org/en/observances/migrants-day> |
| ***18*** | ***Term Four Finishes*** |  |
| ***25*** | ***Christmas Day*** |  |
| ***26*** | ***Boxing Day*** |  |
| ***27*** | ***Christmas Day Observed*** |  |
| ***28*** | ***Boxing Day Observed*** |  |

**Contact for resources: Wendi Wolfen-Duvall – Health Education Resources/Authorised Provider**

Monday, Tuesday, Thursday & Friday 07.00 – 12.00

Email [resources@hbdhb.govt.nz](mailto:resources@hbdhb.govt.nz)

Phone 06 834 1815 ext 4162

Visit Napier Health, 76 Wellesley Road, Napier

**To view and order Ministry of Health & Health Promotion Agency resources go to:** [**www.healthed.govt.nz**](http://www.healthed.govt.nz)

**Whilst every effort has been made to ensure dates are correct HBDHB accepts no liability for the accuracy of dates or content enclosed in this calendar. For more information about each event please contact the relevant organisation through their website.**

***Contact:***

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*Duvall*

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To view or order Ministry of Health and Health

Promotion Agencey resources visit

[www.healthed.govt.n](http://www.healthed.govt.nz/)

[z](http://www.healthed.govt.nz/)



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**the public**



**Health topics include:**

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**Adolescent Health**

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**Cardiovascular**

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**Child Health & Safety**

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**Communicable Diseases**

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**Diabetes**

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**Drug & Alcohol**

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**Environmental Health**

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**Food Safety**

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**Immunisation**

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**Maori Health**

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**Men’s Health**

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**Nutrition & Physical Activity**

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**Older People’s Health**

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**Oral Health**

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**Pacific People’s Health**

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**Screening Programmes**

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**Sexual Health**

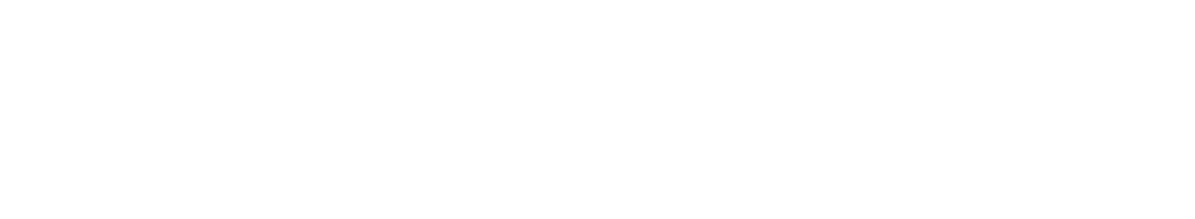
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**Smokefree**

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**Women**

**’s Health**



**4110**

**Wellesley Road, Napier**

**76**



**From**

**07.00**

**am**

**–**

**3.30**

**pm**

**Free**

**Resources**