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**Calendar of Health & Disability Awareness Events Hawke’s Bay 20222017**

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| **January** |  | **Kohi-tatea** |
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| ***03 & 04*** | ***New Year’s Day Observed*** |  |
| 04 | World Braille Day | <https://blindlowvision.org.nz/> |
| **February** |  | **Hui-tanguru** |
|  | Aotearoa Bike Challenge Month | <https://www.lovetoride.net/nz> |
|  | Heart Awareness Month | <https://www.heartfoundation.org.nz/your-heart/> |
|  | Stand Up & Move More | <https://wellplace.nz/event-calendar/move-more-in-february/?date=2022-02-01> |
|  | Ovarian Cancer Awareness Month | <https://www.ovariancancernz.org.nz> |
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| 01 | Chinese New Year – Year of the Tiger | <https://publicholidays.sg/chinese-new-year/> |
| 02 | World Wetlands Day | [World Wetlands Day - National Wetland Trust of New Zealand](https://www.wetlandtrust.org.nz/what-we-do/world-wetlands-day/) |
| 04 | World Cancer Day | <https://www.worldcancerday.org/materials> |
| 05 | Waitangi DayFamily Celebrations at Mitre 10 Park | <https://www.kahungunu.iwi.nz/waitangi-day> |
| ***07*** | ***Waitangi Day******Observed*** |  |
| ***08*** | ***Term 1 Starts*** |  |
| 08 | Safer Internet Day | <https://www.netsafe.org.nz/sid2022> |
| 14 | World Epilepsy Day | [Epilepsy NZ - Home](http://epilepsy.org.nz/) |
| 25 - 26 | Big Heart Appeal Days |  |
| 28 | Rare Disease Day | <https://raredisorders.org.nz/about-rare-disorders/rare-disease-day/> |
| **March** |  | **Poutu-te-rangi** |
|  | Stroke Awareness Month | <https://www.strokecentral.org.nz/> |
|  | Hearing Awareness Month | [Home | NFDHH](https://www.nfd.org.nz/) |
|  | SunSmart Month | <https://www.sunsmart.org.nz/> |
|  | Endometriosis Awaresness Month | <https://nzendo.org.nz/> |
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| 03 | World Hearing Day “To hear for life, listen with care” | <http://nfd.org.nz> |
| 04 | World Obesity Day | <http://www.obesityday.worldobesity.org/> |
| 05 - 13 | Recreation Aotearoa Parks Week | <https://www>.nzrecreation.org.nz/Site/events/parks-week.aspx |
| 05 - 13 | Seaweek “Connecting With Our Seas – Toi Moana – Toi Tangata” | <https://www.seaweek.org.nz/> |
| 06 | Children’s Day Te Ra O Te Tamariki | <https://www.childrensday.org.nz/> |
| 07 | World Health Day | <https://www.who.int/world-health-day/en/> |
| 07 - 13 | Tsunami Hikoi Week | [Tsunami | Hawke's Bay Emergency Management (hbemergency.govt.nz)](https://www.hbemergency.govt.nz/hazards/tsunami/) |
| 08 | International Women’s Day | [www.internationalwomensday.com/](http://www.internationalwomensday.com/) |
| 09 | Walk 2 Work Day | [www.livingstreets.org.nz/](http://www.livingstreets.org.nz/) |
| 10 | World Kidney Day Bridge the knowledge gap to better kidney care | <https://www.worldkidneyday.org/2022-campaign/2022-wkd-theme/> |
| 13 - 20 | Coeliac Awareness Week | <https://coeliac>.org.nz/ |
| 14 - 20 | Red Cross Appeal week | <https://www.redcross.org.nz/> |
| 15 | World Social Work Day | [www.worldsocialworkday.com/](http://www.worldsocialworkday.com/) |
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| 17 | Listen Up | <https://www.nfd.org.nz/awareness> |
| 18 - 27 | Neighbours Day – Kai Connections | <http://neighboursday.org.nz/> |
| 19 TBC | International Cultures Day - Cornwall Park Hastings 11.00am – 4.00pm |  |
| 20 | World Oral Health Day | [www.healthysmiles.org.nz/](http://www.healthysmiles.org.nz/) |
| 21 - 27 | ACP Week | <https://www>.advancecareplanning.org.au/acpweek |
| 21 | World Down Syndrome Day | <https://nzdsa.org.nz/> |
| 22 | World Water Day | <https://www.worldwaterday.org/> |
| 24 | World Tuberclosis Day | <https://www>.who.int/campaigns/world-tb-day/ |
| TBC | Red Puppy Appeal | <https://blindlowvision.org.nz/guide-dogs/red-puppy-appeal/> |
| **April** |  | **Paenga-whawha** |
|  | HB April Falls Month | <http://www.hqsc.govt.nz/> |
|  | Cholesterol Awareness Month | <https://www.strokecentral.org.nz/event/cholesterol-awareness-month/> |
|  |  |  |
| 02 | World Autism Awareness Day | <http://www.autismnz.org.nz/> |
| ***03*** | ***Daylight Saving Ends Back 1 hour (3.00am becomes 2.00am)*** |  |
| 07 | World Health Day | <http://www.who.int/campaigns/world-health-day/> |
| 11 - 17 | Parkinson’s Awareness Week – 11th Day | <http://www.parkinsons.org.nz/> |
| ***14*** | ***Term One Finishes*** |  |
| ***15*** | ***Good Friday*** |  |
| 17 | World Hemophilia Day |  |
| ***18*** | ***Easter Monday*** |  |
| 22 | World Earth Day | [Earth Day: The Official Site | EARTHDAY.ORG](https://www.earthday.org/) |
| ***25*** | ***ANZAC Day*** |  |
| 26 - 30 | Alllergy Awareness Week | [Allergy News and Events](http://www.allergy.org.nz/news++events.html) |
| TBC | Well child week | <https://www.wellchild.org.nz/> |
| 28 | World Day for Safety & Health @ Work | <https://www.un.org/en/events/safeworkday/> |
| May |  | **Haratua** |
|  | Quit for life in May | [http://smokefree.org.nz/](http://smokefree.org.nz/%20%20) |
|  | Light it Orange for Shine | <http://www.lightitorange.co.nz/> |
|  | Cystic Fibrosis Month | <https://www.cfnz.org.nz/> |
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| ***02*** | ***Term Two Starts*** |  |
| 03 - 09 | Perinatal Mental Health Awareness Week | <https://pada.nz/> |
| TBC | Immunisation Awareness Week | <https://www.hpa.org.nz/programme/immunisation> |
| 03 | World Asthma Day | <https://www.asthmafoundation.org.nz/> |
| 05 | World Maternal Mental Health Day | <https://wmmhday.postpartum.net/> |
| 05 | World Midwives Day | <https://www.findyourmidwife.co.nz/midwives/hawkes+bay> |
| 06 - 12 | Nurses Week 12th Nurses Day | <https://www.nzno.org.nz/> |
| 07 - 15 | Youth Week | <http://www.arataiohi.org.nz/youthweek> |
| 08 | Red Cross & Red Crescent Day | <https://www.redcross.org.nz/> |
| 08 | World Ovarian Cancer Day |  |
| ***08*** | ***Mother’s Day*** |  |
| 08 - 14 | Allergy Awareness Week | <http://www.allergy.org.nz/> |
| 09 - 15 | Sign Language Week | <http://www.deaf.org.nz> |
| 10 | World Lupus Day |  |
| TBC | Youth Alcohol Expo – Pettigrew Arena | [Linda.anderson@hbrc.govt.nz](mailto:Linda.anderson@hbrc.govt.nz) |
| 16 - 20 | Bullying Free NZ Week | [www.bullyingfree.nz/](http://www.bullyingfree.nz/) |
| 19 | World IBD Day | <https://worldibdday.org/> |
| 20 | World Autoimmune/ Autoinflammatory Arthritis Day |  |
| 20 | Pink Shirt Day - Speak Up Stand Together Stop Bullying | [www.pinkshirtday.org.nz](http://www.pinkshirtday.org.nz) |
| 29 - 04 | Samoa Language Week | <https://www.mpp.govt.nz/our-work/pacific-language-weeks/> |
| 30 | World Multiple Sclerosis Day - I Connect, We Connest | <http://worldmsday.org/> |
| 31 | World Smokefree Day | <https://www.smokefree.org.nz/> |
| **June** |  | **Pipiri** |
|  | Move Your Butt -Bowel Cancer Awareness Month | [https://bowelcancernz.org.nz/](https://bowelcancernz.org.nz/move-your-butt/) |
|  |  |  |
| 29 - 04 | Samoa Languagw Week | <https://www.mpp.govt.nz/our-work/pacific-language-weeks/> |
| 05 | World Environment Day | <http://worldenvironmentday.global/> |
| 05 | Cancer Survivors Day | <http://www.cancernz.org.nz/> |
| ***06*** | ***Queen’s Birthday*** |  |
| 06 - 12 | Coeliac Awareness Week | <https://coeliac.org.nz/> |
| 08 | World Oceans Day | <https://www.worldoceansday.org/> |
| 14 | World Blood Donor Day | <http://www.nzblood.co.nz/> |
| 15 - 21 | Men’s Health Week | <https://www.menshealthweek.co.nz/> |
| 15 | World Elder Abuse Day | <http://www.ageconcern.org.nz/> |
| 19 | World Sickle Cell Day | <https://www.sicklecellsociety.org/wscd/> |
| 19 - 25 | Volunteer Awareness Week | <https://nationalvolunteerweek.nz/> |
| 20 | World Refugee Day | <http://www.un.org/en/events/refugeeday/> |
| 20 - 26 | Continence Awareness Week | [http://www.continence.org.nz/](http://www.continence.org.nz/1) |
| ***24*** | ***Matariki*** |  |
| **July** |  | **Hongongoi** |
|  | Women’s Refuge Awareness Month | <https://womensrefuge.org.nz/> |
|  | World Plastic Free July | <https://www.plasticfreejuly.org/> |
|  |  |  |
| ***08*** | ***Term Two Finishes*** |  |
| ***25*** | ***Term Three Starts*** |  |
| 26 - 30 | Loss & Grief Awareness Week | <https://www.skylight.org.nz/> |
| 28 | World Hepatitis Day | <https://www.hepatitisfoundation.org.nz/> |
| 31 - 06 | Cook Island Language Week |  |
| **August** |  | **Here-turi-koka** |
|  | Psoriasis Awareness Month |  |
|  |  |  |
| 29 - 06 | Cook Island Language Week | <https://www.mpp.govt.nz/our-work/pacific-language-weeks/> |
| 01 - 07 | Breastfeeding Week | <http://worldbreastfeedingweek.org/> |
| 09 | World Indigenous Peoples Day | <http://www.un.org/en/events/indigenousday/> |
| 12 | Youth Day | <http://www.un.org/en/events/youthday/> |
| 22 - 28 | Iron Awareness Week | <http://www.ironweek.co.nz> |
| 26 | Daffodil Day | <http://www.cancernz.org.nz/> |
| **September** |  | **Mahuru** |
|  | Cervical Screening Awareness Month | <http://www.nsu.govt.nz/> |
|  |  |  |
|  | Blue September Prostate Cancer Awareness Month | <http://www.blueseptember.org.nz/> |
|  | Breathe Better September – Respiratory Condition Awareness Month | <http://www.breathebetterseptember.co.nz/> |
|  | World Alzheimer’s Month (21st Day) | <http://www.alzheimers.org.nz/> |
|  |  |  |
| 01 | Random Act of Kindness Day | <http://rak.co.nz/> |
| ***04*** | ***Father’s Day*** |  |
| 04 | World Sexual Health Day |  |
| 04 - 12 | Conservation Week | <https://www.doc.govt.nz/news/events/conservation-week/> |
| 04 - 10 | Tonga Language Week | <https://www.mpp.govt.nz/our-work/pacific-language-weeks/> |
| 08 | World Literacy Day | <https://www.literacy.org.nz/> |
| 08 | World Physiotherapy Day | <http://www.physio.co.nz/> |
| 09 | Fetal Alcohol Spectrum Disorder Awareness Day | <https://www.fasd.org.nz/> |
| 10 | World Suicide Prevention Day “Creating Hope Through Action” | <http://www.spinz.org.nz/> |
| 12 - 18 | Multiple Sclerosis Awareness Week |  |
| 12 - 20 | Maori Language Week Maori Language Day 14 | <https://www.tetaurawhiri.govt.nz/events> |
| 17 | Patient Safety Day | [https://www.hqsc.govt.nz/our-programmes/patient-safetyday /](https://www.hqsc.govt.nz/our-programmes/patient-safetyday%20/) |
| 21 | World Alzheimers Day | <http://www.alzheimers.org.nz/> |
| TBC | Arthritis Awareness Week | <http://www.arthritis.org.nz/> |
| 22 | World Car Free Day | <http://www.worldcarfree.net/> |
| 25 | World Pharmacist Day | <https://www.fip.org/worldpharmacistsday> |
| ***25*** | ***Daylight Saving Starts forward 1 hour (2.00am becomes 3.00am)*** |  |
| 26 - 02 | Mental Health Awareness Week | <http://www.mentalhealth.org.nz> |
| 26 | World ContraceptionDay | <https://www.familyplanning.org.nz> |
| TBC | Speech Language Therapy Awareness | <https://speechtherapy.org.nz/> |
| **30** | ***Term Three Finishes*** |  |
| **October** |  | **Whiringa-a-nuku** |
|  | Breast Cancer Awareness Month | <http://www.nzbcf.org.nz/> |
|  |  |  |
| 26 - 02 | Mental Health Awareness Week | <http://www.mentalhealth.org.nz> |
| 01 | World Day of Older Persons | <http://www.ageconcern.org.nz/> |
| 01 | World Vegetarian Day | <http://www.vegetarian.org.nz/> |
| 05 | World Teachers’ Day |  |
| 06 | World Cerebral Palsy Day |  |
| 08 | Pink Ribbon Day | <http://www.nzbcf.org.nz/> |
| 09 - 15 | Baby Loss Awareness week | <http://www.sands.org.nz/> |
| 10 | World Mental Health Awareness Day | <http://www.mentalhealth.org.nz/> |
| 10 | World Homeless Awareness Day | <http://www.worldhomelessday.org/> |
| 09 | World Hospice & Palliative Care Day |  |
| 12 | World Arthritis Day | <http://www.arthritis.org.nz/> |
| 13 | Natural Disaster Risk Reduction Day | <https://www.un.org/en/observances/disaster-reduction-day> |
| 14 | Allied Health Professionals Day | <https://sites.google.com/view/ahps-day/home> |
| 15 | World Hand Washing Day | <http://www.globalhandwashingday.org/> |
| 16 | World Spine Day |  |
| ***17*** | ***Term Four starts*** |  |
| 19 - 23 | Melanoma Awareness Week & “Get Spotted” | <https://www.melanoma.org.nz/> |
| 20 | World Osteoporosis Day | <https://osteoporosis.org.nz/> |
| ***21*** | ***HB Anniversary Day*** |  |
| 24 | United Nations Day | <http://www.un.org/> |
| ***24*** | ***Labour Day*** |  |
| 28 | Loud Shirt Day - Deaf Children Awareness | <http://www.loudshirtday.org.nz/> |
| 29 | World Stroke Day | <https://www.stroke.org.nz> |
|  |  |  |
| **November** |  | **Whiringa-a-rangi** |
|  | Movember – Men’s Health Month | <http://www.movember.com/> |
|  | Diabetes Action Month | <http://www.diabetes.org.nz/> |
|  | Pacreatic Cancer Awareness Month | <https://pancan.co.nz/> |
|  |  |  |
| 01 | World Vegan Day | <http://www.vegansociety.co.nz/> |
| TBC | Oral Health Week |  |
| 05 | World Tsunami Day | <https://www.un.org/en/events/foodsafetyday/> |
| 11 | Armiatice Day | <http://www.rsa.org.nz/> |
| 12 | World Pneumonia Day | <https://stoppneumonia.org/world-pneumonia-day/> |
| 13 - 19 | Transgender Awareness Week |  |
| 13 | World Kindness Day |  |
| 14 | World Diabetes Awareness Day | <http://www.diabetes.org.nz/> |
| 17 | World COPD Day | <http://asthmafoundation.org.nz> |
| 18 - 24 | World Antibiotic Week | <http://www.who.int/campaigns/world-antibiotic-awareness-week/en/> |
| 25 | White Ribbon Day - day for the elimination of violence towards women | <http://whiteribbon.org.nz/> |
| **December** |  | **Hakihea** |
|  |  |  |
|  | Decembeard Beat Bowel Cancer Month | <http://www.beatbowelcancer.org.nz/> |
|  | Remember December | <https://dementia.nz/> |
|  |  |  |
| 01 | World Aids Foundation Red Ribbon Day | <http://www.nzaf.org.nz/> |
| 03 | World Day Of Persons With Disabilities | <http://www.un.org/en/events/disabilitiesday/> |
| 02 | Safe Sleep Awareness Day | <http://sudinationalcoordination.co.nz/safe-sleep-day> |
| 05 | World Volunteer Day | <http://www.volunteering.org.nz/> |
| 10 | World Human Rights Day | <https://www.un.org/en/observances/human-rights-day> |
| 18 | World Migrants Day | <https://www.un.org/en/observances/migrants-day> |
| ***20*** | ***Term Four Finishes*** |  |
| ***25*** | ***Christmas Day*** |  |
| ***26*** | ***Boxing Day*** |  |
| ***27*** | ***Christmas Day Observed*** |  |

**Contact for resources: Wendi Wolfen-Duvall – Health Education Resources/Authorised Provider**

Monday, Tuesday, Thursday & Friday 07.00 – 12.00

Email [resources@hbdhb.govt.nz](mailto:resources@hbdhb.govt.nz)

Phone 06 834 1815 ext 4162

Visit Napier Health, 76 Wellesley Road, Napier

**To view and order Ministry of Health & Health Promotion Agency resources go to:** [**www.healthed.govt.nz**](http://www.healthed.govt.nz)

Whilst every effort has been made to ensure dates are correct HBDHB accepts no liability for the accuracy of dates or contents enclosed in the calendar. Some events may be cancelled due to COVID-19. For more information about each event please contact the relevant organisation through their website

***Contact:***

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*Duvall*

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*Email:*

*wendi.wolfen*

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*duvall@hbdhb.govt.nz*

To view or order Ministry of Health and Health

Promotion Agencey resources visit

[www.healthed.govt.n](http://www.healthed.govt.nz/)

[z](http://www.healthed.govt.nz/)



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**the public**



**Health topics include:**

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**Adolescent Health**

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**Cardiovascular**

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**Child Health & Safety**

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**Communicable Diseases**

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**Diabetes**

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**Drug & Alcohol**

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**Environmental Health**

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**Food Safety**

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**Immunisation**

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**Maori Health**

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**Men’s Health**

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**Nutrition & Physical Activity**

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**Older People’s Health**

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**Oral Health**

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**Pacific People’s Health**

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**Screening Programmes**

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**Sexual Health**

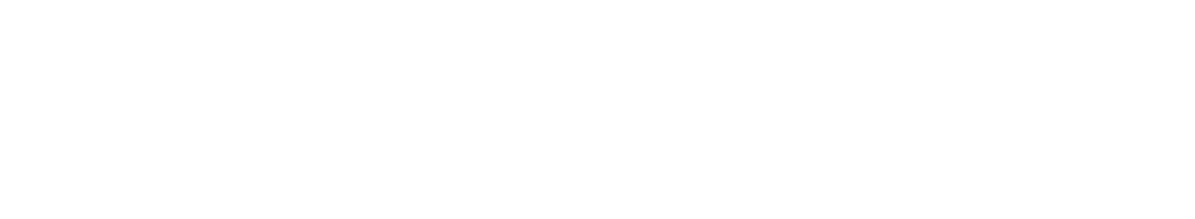
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**Smokefree**

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**Women**

**’s Health**



**4110**

**Wellesley Road, Napier**

**76**



**From**

**07.00**

**am**

**–**

**3.30**

**pm**

**Free**

**Resources**