

Instructions for setting up a Transfer Bench at home

To adjust height:



- Push in the metal buttons on the legs and adjust height until bench becomes level, ensure buttons are completely popped out.
- The height must be adjusted so the bench is level when in the shower/bath.

To fit bench:

Bath

- Position the bench with the handle and suction feet inside the bath
- Ensure the suction cups are holding the transfer bench firmly in place.

Shower

- Position the transfer bench with the handle and suction feet inside the shower
- Ensure there is enough room when seated on the transfer bench for your legs to swing into the shower

BACK REST ON BENCH CAN BE REMOVED IF NOT REQUIRED

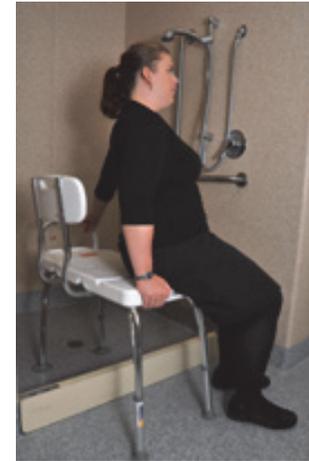
To use: BATH



- Sit down on the end of the transfer bench
- Move your bottom backwards towards the middle of the bench
- Swivel your bottom round and lift legs over the bath edge
- Use handle if required.



To use: SHOWER



- Sit down on the end of the transfer bench
- Slide your bottom along the bench until you are inside the shower
- Use the handle if required.

To get out of bath or shower

- Do the previous steps for bath and shower in reverse and ensure you push off the bench with two hands.

MAXIMUM WEIGHT CAPACITY IS 130KG

