

Bed Lever



Instructions for setting
up a Bed Lever at home

For further information please contact:
06 878 8109 ext 5761



HAWKE'S BAY
District Health Board
Whakawateatia

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Instructions for setting up a Bed Lever at home

To fit bed lever:



- Lift up mattress and place wooden board between the mattress and bed base.



- The bed lever should be placed at the top of the bed around shoulder level.

To get out of bed:



- Hold onto the bed lever and use your arms to roll onto your side



- Hold onto the bed lever and swing your legs over the edge of the bed into a sitting position
- You can use the lever to push up on and help stand from the bed
- Bed lever can be used with one arm.

MAXIMUM WEIGHT CAPACITY IS 150KG.

Additional information from your Occupational Therapist:

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If you have any questions or require further advice please ring the

Hawke's Bay Hospital Equipment Loan Store
Phone: 06 878 8109 ext 5761