# Child Healthy Housing Programme Newsletter



## **WELCOME**



Within New Zealand over 40,000 children are hospitalised every year from preventable illnesses that may be related to their home. Health issues include respiratory illnesses such as bronchiolitis and pneumonia.

The Hawke's Bay Healthy Housing Initiative (HHI) began in 2015 with an aim to increase the number of children living in warm, dry and healthy homes and to reduce the number of children presenting to hospital with preventable housing related illnesses. The HHI programme, is available throughout NZ.

HHI is a proven successful programme, the Otago University evaluation has shown the program significantly reduces hospitalisations for both the child and the wider whānau. The evaluation found that after HHI support the number of hospitalisations per person was reduced by **19.8%**. The HHI is making a huge difference to equity. Nearly half of the cohort are either Māori or Pacific peoples.

## Hawke's Bay referral stats

- 3,475 whānau supported since 2015
- 525 homes assessed per year
- 14,844 interventions provided
- 77% families identify as Māori and Pacific peoples

Thanks to the support of Wharariki Trust and Tumu Timbers we were able to provide Firewood for dozens of whānau across Hawke's Bay last Winter.



## **Child Healthy Housing in Wairoa**

Alma Moeau (pictured right)
has been with the team for 9
months completing child
healthy housing assessments
and supporting interventions
across homes in the Wairoa
community. Alma works
incredibly hard serving her
community and is committed
to increasing the number of
children livng in warm, dry
housing in Wairoa.



## Highlighting our Community Relationships:

### Safe kids Aotearoa

In Hawke's Bay there were 419 admissions to hospital over a 4 year period with Falls being the top cause of injury for children in our region.

Our Child Healthy Housing team are trained Safe Kids
Aotearoa home safety assessors. Through our
relationship with Safe Kids we are able to provide
home safety devices for whānau, such as safety
gates, outlet plug covers and fireguards.
Contact Rianna Leota at Riannal@adhb.govt.nz
for more information.

#### **Energy Mate**

We have formed a wonderful relationship with our local EnergyMate service run through Ngāti Pahauwera. During our assessment we invite whānau to use this service to look at their energy consumption and ways to make their power and dollar go further. Most whānau are delighted to be referred to EnergyMate and recieve lots of helpful advice and 4 LED light bulbs.

For further information visit www.energymate.nz or email energymate@eranz.org.nz.

## Whānau voice

Messages received from clients:

"Thanks so much! We are incredibly grateful for everything the team has done for our family".

"This process took 12 months; however we are very happy with the outcome and the home is now much healthier. We feel valued and empowered as a result of the support provided by the Child Healthy Housing Programme".

### Red Cross Curtain Bank

Through our relationship we are able to provide whānau all over Hawke's Bay with warm, lined curtains. Hundreds of whānau have been provided with curtains through the Child Healthy Housing Programme. The curtain bank is a team of volunteers who repurpose donated curtains which our team then deliver to whānau. These curtains are double layered and do a fantastic job at keeping homes warm and dry.

For more information on how to refer into the curtain bank email curtainbankhb@redcross.org.nz

Thank you to all of the organisations that support the Child Healthy Housing Team with resources for whānau, A SPECIAL SHOUT OUT TO CHRISTIAN LOVELINK AND RE-SOURCE FOR YOUR CONTINUED AND ONGOING SUPPORT.

Health New Zealand
Te Whatu Ora

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